

Time to elect a new mayor

Two of three candidates square off in our 2022 Sun Rise forum

By RORY SCHULER

The Johnston Sun Rise invited Johnston's three candidates for mayor to our newsroom for a forum on local issues.

Two of the three candidates accepted the invitation. One failed to show.

Three candidates will be on the ballot in Johnston: Joseph M. Polisena Jr., a Democrat, and Independent candidates Karen E. Cappelli Chadwick and Brenda Lynn Leone.

Polisena Jr. and Chadwick arrived promptly before noon Tuesday, Nov. 1, at our 1944 Warwick Ave., Warwick, Beacon Communications newsroom.

Leone would not confirm and did not attend the forum. She offered no reason.

Via email, Leone wrote: "Sorry not available." By phone, she said she'd consider appearing at the forum.

Two serious candidates for mayor did show, however.

For an hour, Polisena Jr. and Chadwick answered more than a dozen carefully selected questions. Most of the questions, and their responses, follow.



SUN RISE FORUM: Johnston mayoral candidates Karen E. Cappelli Chadwick, at left, and Joseph M. Polisena Jr., at right, squared off in a forum in the Johnston Sun Rise newsroom on Nov. 1. Candidate Brenda Lynn Leone did not attend the forum. (Sun Rise photos by John Howell)

■ MAYOR - PAGE 7

A place to ride

Family hosts fundraiser to build a BMX bike park in late son's memory

By RORY SCHULER

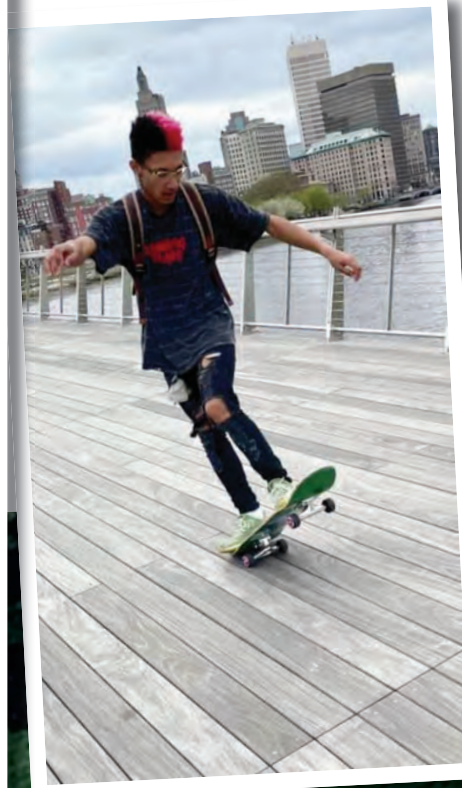
The pain of grief is still sharp. The lingering questions, lack of answers, and empty void left by the death of their 16-year-old son twists like a knife day and night.

Hoping to take the edge off just a little, Dillon Viens' parents have decided to focus on raising money in their son's memory.

Rhonda Brewster and David Viens Sr. have organized a fundraiser, hoping to pay for and build a new BMX park in Johnston, dedicated to the short life of late son, Dillon D. Viens, who died following what police have called an "accidental shooting" on Feb. 12.

"He loved riding his bike," David Viens said, holding a photo of his son and flyer for the fundraiser, which has been scheduled for Nov. 17 at Skyline at Waterplace, 1 Finance Way, Providence.

Dillon's cousin Jashua King provided photos of Dillon riding his bike up and down the curved cement of a now-closed local skate park.



BMX MEMORIES:

Dillon Viens loved riding his BMX bike at local skate parks. As he got older, there were fewer and fewer places to skate. His family hopes to change that in his memory. (Submitted photos)



NOTE FROM A LEGISLATOR: Rhode Island state Rep. Deborah A. Fellela, District-43 (Johnston) recently wrote in a note to David Viens, promising to help draft "Dillon's Law," which would make unlawful gun storage resulting in death or injury a felony, rather than a misdemeanor. (Sun Rise photo by Rory Schuler)

■ BMX - PAGE 6

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FANTASTIC FROSH: Among those members of the Johnston High School class of 2026 who will help host Saturday's Vendor Village are, from left; student council members Olivia Iafrate, Olivia Forgetta, Giana Ferranti and Class Vice President Alexandra Musa, The event will run from 9 a.m. to 3 p.m. in the school cafeteria from 9 a.m. top 3 p.m. (Submitted photo)

Class of 2026 to host Vendor Village on Saturday, Nov. 5

By PETE FONTAINE

To say that members of Johnston High School's Class of 2026 is filled with ambitious students would be an understatement.

Even during summer recess, when most people were heading for the beach or swimming in pools, many members of what several people called "a great group of freshmen," like JHS Student Council members Olivia Iafrate, Giana Ferranti, Olivia Forgetta and Class Vice President Alexandra Musa, showed up at Anthony's Auto Body on Greenville Avenue to wash cars – on several Saturdays – to raise money for their fantastic float. At Saturday's 2022 Homecoming Parade, that float had a theme "Wipe Out the Mariners."

Fresh from their successes, the Class of 2026 will take on the title of entrepreneurs this Saturday, Nov. 5, when they host the Vendor Village from 9 a.m. to 4 p.m. in the JHS cafeteria.

"Proceeds will help boost the class coffers," several adult advisors offered. "Admission is free and students have lined up more than 40 vendors who'll display their wares featuring everything from jewelry, holiday items, specialty items and much more."

Organizers said refreshments will be available and the students will conduct one of those always popular and often lucrative 50/50 raffles. There will be plenty of free parking in the JHS lot — both in front of the school and back.

"The raffle will be very, very interesting," said a class spokesman. "Each of our (40 plus) vendors has donated a prize. We are hoping to see lots of Johnstonians Saturday."

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Spirit Week thrilled students and staff

By ALESSANDRA PESARE
Special to the Sun Rise

Spirit Week has rolled around the corner once again for Johnston Senior High School.

These incredible students did an amazing job getting all dressed up, and really showed off their school spirit during the week of Oct. 24-28.

The first day was a battle between all the grades. The theme was Broadway Musical Day.

The Freshman were assigned the musical, "Wicked" meaning they would have to dress in all green. The sophomores had to dress in animal print for "The Lion King." Juniors were getting all tropical for the musical "Mamma Mia." The seniors did not throw away their shot and won the spirit day wearing red, white and blue for "Hamilton."

Tuesday was Country vs. Country Club, another battle between two groups. Wednesday was Barbecue Dads vs Soccer Moms. Thursday was everyone's favorite, Decades Day. I even think the teachers had a little too much fun with this day.

Lastly, Friday was pep rally, so the kids went all out with their school colors: Blue & White. Go Panthers!

Editor's Note: Alessandra Pesare serves as Junior Class President. The Johnston Sun Rise regularly publishes stories submitted by the JHS Student Council.

JHS HOMECOMING 2022



SUPER SPIRIT: Johnston School Committee member Dawn Aloisio is all smiles as she's surrounded by cheerleaders from the town's youth football program who marched in the Homecoming Parade along with two Panther mascots. For more photos from Homecoming, turn the page. (*Sun Rise photo by Pete Fontaine*)



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MIGHTY MOUNTIES: The Providence Police Mounted Command enhanced last Saturday's Homecoming and afforded many people photo opportunities. (*Sun Rise* photos by Pete Fontaine)

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TALENTED TROUPE: In keeping with tradition, the national award-winning JHS marching put on another prolific performance in Saturday's Homecoming Parade. For more photos from homecoming, turn to Page 15.



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PROFESSIONAL PERFORMANCE: Johnston Police Sgt. Arthur Petteruti was honored by the Kingdom Lighthouse Church with a Community Service Award for his outstanding service in handling a recent incident involving a wanted suspect. *(Photo courtesy Johnston Police)*

Church commends Johnston officer after armed standoff

By RORY SCHULER

A Johnston Police officer de-escalated a situation, secured an arrest and received an award from a local church following an armed standoff in Johnston.

Last weekend, newly promoted Johnston Police Sgt. Arthur Petteruti was honored by the Kingdom Lighthouse Church with a Community Service Award for his outstanding service in handling a recent incident involving a wanted suspect.

“Sergeant Petterutti showed nothing but great restraint during a highly stressful situation and I’m proud of his ability to de-escalate this critical incident,” said Johnston Police Chief Joseph P. Razza. “His actions are nothing but remarkable and we are all glad this incident ended peacefully.”

On Aug. 23, Petteruti responded to a Johnston residence in an attempt to locate the wanted suspect, according to police.

“Once on scene, he confronted the suspect, who was in possession of a baseball bat,” Johnston Police wrote on their Facebook page. “Moments later, the suspect displayed a firearm and pointed it directly at Officer Petteruti. (He) was able to take cover and commanded the suspect to drop the weapon. Following a tense standoff, the suspect eventually dropped his weapon and was taken into custody without further incident or injury to any party involved.”

Church members read about the incident and wanted to recognize Petteruti’s exemplary on-duty performance.

“We join Kingdom Lighthouse Church in commending Sgt. Petteruti for his sound decision making in the face of danger,” Johnston Police said in a statement.

The incident all started when a pair of underage Warwick girls drove to Johnston for nip bottles and were allegedly assaulted by the man who they told police bought them alcohol.

Around 3:24 a.m., Aug. 13, Johnston Police responded to the Shell Gas Station at 1680 Hartford Ave. to investigate a possible assault that had allegedly occurred on Reservoir Avenue earlier in the evening. One of the alleged victims met police at the gas station and told them that she knew a man who lived on Reservoir Avenue who “could purchase some alcohol for her friend” and they drove from Warwick to meet up with the man at his Johnston home.

The victims arrived at the man’s home and he allegedly entered their car and sat in the back seat. They told police that they drove to a store, where the man — who police identified as Joseph J. Starnino, of 107 Reservoir Ave., Johnston — allegedly bought “a package of 99 Root beer nips for the girls,” Johnston Police Patrolman Thomas R. Hayden wrote in the incident report.

The victims told police that Starnino “jokingly” picked a steering wheel cover off the back floor and wrapped it around the front passenger’s neck while he was sitting behind her.

“While he was laughing he began to choke (the victim),” Hayden wrote. “(A victim) stated that the two of them were yelling at him to stop which he eventually did. (They) told him to get out of the car immediately. Once he exited the vehicle she stated that Joseph threatened to kill both of them and blowup her vehicle. (They) then left the area and contacted us approximately 45 minutes later.”

The other victim told police that “when

they proceeded to drop him off after the purchase, he would not get out of the vehicle for approximately 20-30 minutes.”

“During this time she advised that he proceeded to choke her with the steering wheel cover,” Hayden wrote. “She stated that it was difficult to breath(e) as he was applying more and more pressure. She stated that he eventually stopped but she felt scared in the vehicle.”

The victims (and a guardian) decided to pursue criminal charges against Starnino. Police photographed the “injuries the steering cover and nip bottles.” Police confiscated the nips package. Starnino was charged with Simple Assault and Purchase/Procurement of Alcohol for Minor.

At 9:45 a.m., Aug. 23, Johnston Police responded to Starnino’s home to locate him and serve the active JPD arrest warrant.

“Upon my arrival, I observed a male party, who is known to me as Joseph Starnino Jr. standing on the front lawn holding a baseball bat,” then Johnston Patrolman Arthur Petteruti wrote in a supplemental narrative to the arrest report (he was subsequently promoted to Sergeant). “As I entered the driveway and exited my departmental cruiser, I gave Mr. Starnino Jr. several orders to drop the baseball bat. Mr. Starnino Jr. refused to listen to my commands wand would not drop the baseball bat.”

Starnino allegedly dropped the baseball bat and quickly removed a black firearm from “his lower back and pointed at me,” Petteruti wrote.

Petteruti took cover behind the engine block of his cruiser, while aiming his department-issued firearm at Starnino. Petteruti reported the circumstances to dispatch.

“While Mr. Starnino Jr. was aiming a black firearm at me, he was yelling ‘just shoot me,’” Petteruti wrote. Another occupant of the home ran from the house to stand between the officer and Starnino, yelling “it’s not real, it’s not real don’t shoot.”

Starnino eventually dropped the weapon on the ground, but put his hands in his pockets “giving me the impression he had additional weapons,” Petteruti wrote.

“At this time, I removed my departmental Taser and discharged it striking Mr. Starnino Jr. in the upper body. (He) was able to pull both taser probes out of his chest while laughing. I then changed the taser cartridge and discharged it, striking (him) a second time. (He) once again removed the taser probes while laughing.”

Police noted that Starnino was wearing “loose fitted clothing” and “it appeared the probes never penetrated his skin” and he “never showed any signs of being electrocuted by the taser.”

Additional units responded to the scene and helped Petteruti secure Starnino on the ground, cuff him and place him in the rear of a cruiser.

“While on the scene, I located two additional firearms on the front stair, which was later determined to be BB guns,” Petteruti wrote. “A further check on the firearm that was pointed at me revealed that it was also a BB gun, however had no orange muzzle.”

A witness told police that Starnino “was waiting for our arrival and observed his son place numerous firearms outside the residence and stated he was ready for war,” Petteruti wrote in the report.

Police reported no injuries following the incident.

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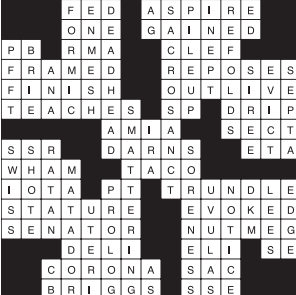
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ANSWER TO THIS WEEK'S PUZZLE:



BMX

(Continued from page 1)

“Kids need good things to do,” David Viens said. “They need a park where they can do things like ride BMX and skateboards and hang out.”

The 6 p.m. event, called “Dillon Viends: A Celebration of Life” will include a buffet, special raffle and a petition signing. A \$20 admission fee will be charged.

King said that the family is “looking for all small businesses who would like to donate a gift card or certificate for a raffle.”

“This also will help get your business name out there,” King wrote. “All proceeds from raffles will go to getting a BMX bike park built in the honor of Dillon Viens and also help to pass ‘Dillon’s Law,’ which would make any unlocked firearm causing bodily harm or death a felony instead of a misdemeanor.”

One local legislator has pledged to help draft and pass Dillon’s Law.

“I would be glad to sit down in December to draft legislation for ‘Dillon’s Law,’ to help Rhode Island make it a felony,” Rhode Island state Rep. Deborah A. Fellela, District-43 (Johnston) recently wrote in a note to David.

“We really need to get this law passed,” David Viens said last week.

Dillon Viens, 16, a Johnston resident and student at William M. Davies Jr. Career and Technical High School, died following the “accidental shooting” in a Cedar Street home on Feb. 12.

While Johnston Police Chief Joseph P. Razza has said the case is “still under investigation,” the case has landed in the Rhode Island Attorney General’s Office.

Several months ago, Razza provided a statement to the media in response to recent inquiries.

“As you may not be aware, we are working in conjunction with the RI Attorney Generals office and still investigating the tragic death of Dillon Viens to the fullest extent possible,” Razza wrote via email. “Our deepest sympathies go out to the family and friends of Dillon, but the investigation is on going and still evolving and as more information becomes available, I will be able to advise the family, you and the rest of the media.”

Johnston Police arrested and charged Marios M. Kirios, 29, of Cedar St., Johnston, as part of the “ongoing investigation into the shooting death” of Viens. Kirios was charged with four misdemeanor counts of violating a state law that requires Safe Storage of a Firearm. According to court records, Kirios was serving five years probation for a 2019 arrest.

The day after the shooting, Razza said: “We are treating the incident as accidental and those involved (are) fully cooperating with investigators.”

“Kirios, who was not at home at the time of the shooting, had legally possessed the firearms that were later seized as part of this investigation,” according to a statement released by Johnston Police in February. Kirios was arraigned the following Wednesday at Kent County Courthouse and was held as a Superior Court violator, according to Johnston Police, but was soon released over the objection of prosecutors handling the case.

“In February ... the state, presented the defendant as a probation violator because he had this new charge,” said Blake Collins, former spokesman for Rhode Island Attorney General Peter F. Neronha. “And the court set bail for him over our objections.”

Collins confirmed that there is “a pending investigation, by the Attorney General’s Office and Johnston Police, into the shooting death of Dillon Viens,” but could not provide details or answer questions on case specifics. New spokesman for Neronha, Brian Hodge, promised to look into the case and whether an update could be provided.

“The circumstances into the death of Dillon Viens are still under investigation,” Hodge said Tuesday. “As the investigation is pending, we have no further comment.”

Family and friends have held rallies demanding justice for Dillon Viens.

“It’s not fair for a child who was very involved in his community; very involved in outreach programs,” Brewster said



LOST BUT NOT FORGOTTEN: Johnston’s Dillon D. Viens (Nov. 28, 2005 to Feb. 12, 2022) died following an “accidental shooting” at age 16. His family has scheduled a fundraiser and “Celebration of Life” for 6 p.m., Thursday, Nov. 17 at Skyline at Waterplace. (Sun Rise photo)

shortly after the shooting. “This was not a child that was involved in drugs and guns and ...”

“Skateboard and BMX,” his father interrupted.

“BMX and he went to see his sister play in flag football,” his mom continued.

Dillon’s parents started a petition, calling for stronger gun storage laws in Rhode Island. Nearly 2,000 have signed the petition.

“Dillon is my son, my first true love and my greatest heart-break,” Brewster wrote, in her online appeal for signatures. “I wouldn’t wish this on no parent, grandparent, sibling, or anyone else in the world. The pain that I feel daily is overwhelming as all I want is to hug, kiss, and tell my boy I love him. Please sign and help us change the narrative of another child being taken by gun violence and negligence.”

Viens and Brewster hope to help stir support for state legislation that would enact tougher penalties for irresponsible gun owners. They long to celebrate the passing of a bill named for their son — Dillon’s Law — which would upgrade gun storage charges (in the case of death or injury) to a felony.

“What Dillon’s Law would represent is a mandatory felony charge for any firearm not properly being secured, a fine up to \$5,000, and five (5) years in prison,” Brewster wrote. “A misdemeanor charge for such a tragic event is simply not enough.”

Dillon has a little sister, Racquell “Rocky” Viens and an older brother, David Viens Jr. He was born on Nov. 28, 2005, in Fall River, Massachusetts, but was raised in Johnston, where he attended Sarah Dyer Barnes Elementary and Nicholas A. Ferri Middle school. At the time of his death, Dillon was in ninth grade at Davies Technical Institute in Lincoln, studying auto mechanics.

“Dillon was a ray of light, a free spirit who brought sunshine wherever he went. He was a polite, kind and compassionate young man who always wanted to help others,” according to his obituary. “He was working toward getting his driver’s license and was learning to cook. He loved skateboarding and riding his BMX at the local parks. He also had a natural eye for photography.”

His mother taught him to “stand strong in who you are ... stand tall.”

“Dillon never let any limitations hold him back,” read his February obituary. “He lived his life outside of the box, expressing himself through fashion and style, as well as acts of kindness toward others. He was friendly and outgoing, and could often be found striking up a conversation with a stranger. He accepted everyone as they were, and had love for all without judgment. He put others first before himself and was always concerned with taking care of people.”

David Viens feels his son would have loved the idea of a new BMX park in town, for his surviving friends and new generations of Johnston youth. When kids have outlets, and places to go where they feel they fit, they often stay out of trouble.

“Dillon loved exploring and was always ready for adventure,” his parents wrote in the young teen’s obituary. “He enjoyed fishing, boating, hiking, camping, trips to the Catskill Mountains, going to car shows, and working with his dad. He loved fashion, looking stylish and collecting sneakers. He talked about a potential career as a Fashion Designer and dreamt up names for his future clothing line. The possibilities are endless as to where his precious young life and bright spirit would have taken him.”

Hopefully, following the fundraiser and a lot of hard work, ramps will be erected (in a still undetermined location), for Johnston’s youngsters to gain speed and soar into the air.

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■ Mayor
(Continued from page 7)

Each candidate received 60 seconds to answer each question. Candidates reserved the right to offer a 30-second rebuttal to challenge an opponent's answer. Johnston Sun Rise Editor Rory Schuler served as questioner and forum moderator.

QUESTION 1: If elected mayor, how would you ease the burden of the town's commuters during both morning and afternoon rush hours?

POLISENA: "I think we have to make infrastructure improvements. And I think one example of that is with Amazon ... Them coming into the town, of course is going to mean more cars on the roads. You can't lie to voters and say that's not the case. But I think what's going to really offset that, is the road improvements they're doing to Johnston. They're widening Route 6. They're going to make a jug handle for the turns; I think the jug handle they put up on Reservoir really helps people making a left hand turn into that street. We have to remember that these roads were built — not only just in Johnston, but other communities — when Rhode Island was a primarily agricultural community. And, again, not just in Johnston, we've had businesses pop up all over the state. And unfortunately, the roads have not been properly upgraded with that. So, we need to work with the state, because these are state roads. And I feel like, if elected, I can get that done."

CHADWICK: "I believe that the roads do need improvement and it's very important because there is traffic stopped everywhere. Every town road that you travel, there's lines and lines and lines of cars. I actually spoke to people who said they don't go into the center of town any more because they can't get through. They take secondary roads and they go shop-

ping in other towns because they don't want to deal with what's happening in the center of Johnston. But they are state roads, so it needs to be a process done with the state, to get that accomplished."

QUESTION 2: A large solar development was pitched for Johnston's west end. Residents banded together and have been temporarily successful blocking the industrial solar field. Was that project a good fit for Johnston? How should Johnston treat future solar field proposals?

Chadwick: Solar is a pretty new industry, everywhere. Especially in our state and most importantly in our town. I believe that solar should be kept in industrial and construction areas. I found it a little sad that the residents had to hire a land-use attorney to defend their neighborhood. It was 100,000 solar panels ... on parcels of property, and it was all zoned R40 for the most part. No one minds families moving in. No one thinks that's a detriment. I know we need alternative energy. What I don't understand, is how you quantify or qualify destroying some environment to protect the environment. And they were right in fighting it. It cost them a great deal of money, and they may still be fighting it in the future. There are other places: let's put it on top of the Amazon building. How about Citizens Bank? How about the dump? There are places it can go. I realize that. There was this solar field that was placed across the street from my house on City of Providence property; it's private property, they brought it in the back. When they say they are not going to ruin or disturb the habitat, that is not even possible. So the residents did the right thing."

POLISENA: I think you need to look at each individual project on its own merits. And I think that the abutting residents and the residents within the surrounding area should have the final say, as what happened in the specific case

you are talking about. I am a big supporter of renewable energy; in the year 2100, my son will only be in his 70s. I think that's something that we really need to move on. But I will say, and again the residents in that area didn't want that and I respect their decision, but that doesn't mean that residents in other areas would not prefer solar to increased homes. And one thing that I just would like to address, and I try to have this conversation with people, when they see woods, they think open space. And it's not. Most of it is zoned residential. And the town, nor anyone else has the legal authority to stop any developer or any contractor to build houses — they have to conform within the lot specifications — on that residential property.


FOLLOW-UP QUESTION: Which is better for the town: solar and non-residential land development or new home construction?

POLISENA: I would prefer non-residential development. Just because the burden is less on the tax system as a whole. Less cars driving on the road; particularly when you're talking about solar. It's less children in the school system. It's not to say I'm against new families moving into Johnston, but I do think that the town is full. And I think that the state has a huge need to build housing, but they need to look to western Rhode Island. I think Johnston is actually the dividing line, where if you go east of Johnston, there's not a lot of area to build. However, you go west of Johnston, there's plenty of land for residential homes.

CHADWICK: "I believe that the backbone of the community is the residents. Although, more homes with more families would tax ... tax as they say the school system. We're working on new schools. The residents pay approximately 60 percent — a little more, a little less — of the town revenue. So it brings money into the town, when you have single family homes."

■ MAYOR - PAGE 9

Not too much longer



and you'll be seeing Rocky Point license plates

Thanks to legislation approved this year, the DMV is moving ahead with the production of Rocky Point plates. Pre and new orders will be filled with delivery expected this fall. For new orders visit the Rocky Point Foundation website at rockypointfoundation.org where you will find an order form to be returned to the DMV with payment. At this time, plates are available for passenger registrations only

Display your love and support of a place made for memories.



CHADWICK: Independent candidate Karen E. Cappelli Chadwick, a political newcomer, fielded questions during the Johnston Sun Rise forum hosted at the paper's Beacon Communications newsroom in Warwick.



POLISENA: Joseph M. Polisea Jr., a Democrat, answered more than a dozen questions during the Sun Rise's 2022 mayoral forum. (Sun Rise photos by John Howell)

■ Mayor
(Continued from page 8)

REBUTTAL REQUESTED

POLISENA: “While it does bring money into the town, I do agree with that sentiment. You have to look at the net increase or decrease, and for a family ... in the school system, it would be a net decrease to the tax base, because I believe it costs about \$17,000 to educate them for the year; special needs is around 20-something thousand; and out-of-district special needs can be anywhere from \$50,000 to \$120,000 per year.”

QUESTION 3: The Town’s Comprehensive Plan expired in 2007 and is in sore need of an update. The town’s Planning Board plans to start a review and update process at tonight’s meeting. What are your top three goals that must be included in a town wide Comprehensive Plan, to ensure adequate planning going forward.

CHADWICK: “The town Comprehensive Plan, that stands because we haven’t updated it since 2007, is one that recommends rural west of 295; recommends combining ... commercial without infringing upon the residential. We’re starting to see a sprawl come up Hartford Avenue. It once was quiet. And certainly the town needs business to survive. But little by little, more and more and more concrete; less and less and less of anything to promote, ‘Look at how pretty that is. Let’s bring this in to the town.’ Let’s go see where we can live where it will be a nice quiet community in a residential area. It’s just moving up and up and up. And it’s to the dismay ... especially to the people who live in the west end, because they moved up there to get away from that close setting.”

POLISENA: “So number one would be to promote economic development. Number two would be to preserve the character of existing neighborhoods. And number three would be to protect open space. But I do want to make a comment about the Comprehensive Plan ... Ever since the Fane Tower decision came out, it essentially neutralized the Comprehensive Plan. What I mean about that is that the Supreme Court held that ... Let me back up a little bit. A Comprehensive Plan is an exhaustive list of goals. And in the Fane Tower case, when they looked at Providence’s Comprehensive Plan, Providence had something in there to promote economic development. They also had something in there to preserve parks and open space. When the Fane Tower was going up, obviously those two points were incongruent with each other. So what the court held in the Fane Tower is that the Zoning Board did have the authority to put the project through, because they ended up putting that amendment through, because it did follow an economic development, which was in the Comprehensive Plan. Let’s say, for the sake of argument, if economic development was not in that Comprehensive Plan, then it wouldn’t have satisfied that one need. In summation, I think the Fane Tower decision really ruined all the teeth of the Comprehensive Plan and I that the General Assembly is going to have some work to do in its enforcement of it.”

QUESTION 4: Do you support Johnston’s new school facilities plan? If not, what would you have done differently? If so, make the pitch to voters how the new schools will positively impact town residents of all ages.

POLISENA: “Oh, absolutely. I was the one who championed the bond. I think the schools in the town, all the schools, particularly the elementary schools, we have some of them that are over 100 years old. And I want to preface this by saying, it’s not the building that makes the child’s education. That’s between the child, the teacher, the curriculum — but it helps. And I think if you have state-of-the-art facilities, it makes the environment a lot easier for the child to learn in. It makes them a lot more comfortable. And I’ve always supported this school bond as a no-tax-increase-bond, and I will keep that pledge to the residents.

CHADWICK: “I think that the schools definitely need to be overhauled and combined a little bit. But I’ve talked to so many residents who are opposed to the idea of one giant grammar school. I talked to one

woman who said she works in a school that has 500 pre-K through grade six children and it’s a logistical nightmare. So, if there were some schools that could be worked on to be improved, and certainly some of the older ones, they’re no longer efficient in their quest for education. The High School needs some work; Ferri Middle School needs some work. But it’s more about the curriculum. It is more about the interaction the students have with their teachers. And the kind of support they get if they needed. Covid knocked everything out of the park and people are still trying to get back on their feet from it, as far as education goes.”

QUESTION 5: The town has accumulated a fairly large reserve fund. Save it or spend it?

CHADWICK: “The most important thing is to make sure that all of our financial obligations are met. Whether they be for any number of fiscal issues. How are our pensions doing? How are our public works departments, and the police and the fire department? Are they operating at 100 percent? Do they have everything they need? The schools: they need to be brought up to where they feel like they’re in a good place; they’re in a comfortable place. We need ... there’s so much that could be spent on, but we need to be taking care of the financial obligations which have already been in place first. And then the rest, save it for a rainy day.”

POLISENA: “So primarily save it. I’m fiscally conservative by nature. As I’ve identified before, financial institutions and ratings agencies recommend three months operating expenses in a reserve fund. Johnston has a \$120.5 million budget. So it’s approximately 30 million we need to have in reserves for that rainy day. That leaves us about \$11 million in money to spend, but that doesn’t mean that we just go out and spend it all at once. I think what we did this past fiscal year, is we drew down, from I think our surplus was \$46 million, we drew down \$5 million, we’re at 41 now. And that was to do our road improvement program. And I also think that if we do spend the money, whatever it’s spent on, it should not be spent on anything that has a recurring cost. It should be for one time improvements that don’t have that annual cost.”

QUESTION 6: What will you do as mayor to improve local government transparency? How will you improve communications between town government and the residents of Johnston?

POLISENA: “I think primarily the mayor has to have an open-door policy. I think that an open-door policy is critical for any mid-sized municipality like Johnston. I also want to invest a little bit more in technology. I think we need to upgrade our website. And we also need to do better on notifications. And one of the texts that I get most frequently, from my friends and neighbors, is ‘Is trash delayed for a day?’ And I think that we need to find a better way to get that message out to residents, so there’s less confusion, and things could be prepared for better. Specifically how we would do it, I would probably opt for a notification program. That doesn’t mean that it can be abused and you send one text message per day to residents. But you reserve it for things ... like trash notification or maybe a parking ban. I think we need to invest more in technology.”

CHADWICK: “I think the most important thing we can do as mayor is listen. People often feel like they don’t get the information they need and it’s definitely due to technology. People want to be heard. They want to be talked to; they want to express themselves. You’re not going to make everybody happy all the time. But you can’t say, I don’t have time for this, or I’m not going ... I just think that one-on-one conversation is the best way to get people community-wise aware, so that they can participate. If they participate, then they know. I think we have to change the structure of some of our meetings. If you want to ask a question of the Town Council, you have to put it in writing for the next meeting. We should have an open (forum) at the end, that everybody gets a little bit of time.”



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Alpine Country Club
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CRANSTON, RI

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■ Mayor

(Continued from page 9)

QUESTION 7: Several times each year, the Town Council and School Committee meet at the same time, on the same day. It usually happens around holidays. Is that fair to residents? Would you commit, as mayor, to ensuring the town communicates with the school when planning public meeting dates, so interested members of the public can attend both, should they choose?

CHADWICK: “I would make sure that people knew what was going to happen, before it was going to happen. And if they cannot attend, one of the council members suggested live-streaming. Or, put it on a public access station. A lot of people have families. At 6 or 7 o’clock, is when most of these meetings occur. They’re feeding their kids. They’re making sure that they have their homework done. They can’t just up and say they’re going to the meeting and I’ll be back. Make it more accessible; we are in the age of information.”

POLISENA: “Absolutely. Like you mentioned, I believe that only happens on holidays. The town schedules these right at the beginning of the year, in January. I think the town would be able to coordinate with the school committee on that. But the School Committee does set its own agenda schedule. But I do think it’s important for the meetings not to fall on the same days.”

FOLLOW-UP QUESTION: Should public meetings be broadcast, recorded or live-streamed?

POLISENA: “There’s a difference between live-streaming and recording the meeting and then posting it online. If we do have live-streaming, with a Zoom link, we have to make sure that we’re in accordance with open meeting requirements ... But I don’t see a problem with recording it and putting it online. And live streaming, again, I’m open to it. I’d have to see what the cost is and make sure it’s in accordance with the Open Meetings Act.”

CHADWICK: “I think that we agree on this. People need to be kept in the loop.”



SUN RISE FORUM: Above photo, Johnston mayoral candidates Karen E. Cappelli Chadwick, at left, and Joseph M. Polisena Jr., at right, squared off in a forum in the Johnston Sun Rise newsroom on Nov. 1. Candidate Brenda Lynn Leone did not attend the forum. (Sun Rise photo by John Howell)

NO SHOW: Mayoral candidate Brenda Lynn Leone, at right, did not attend the forum and offered no excuse. (Sun Rise FILE photo)



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BEACON COMMUNICATIONS

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Display Advertising:

- Cranston Herald **Monday noon**
- Johnston SunRise **Monday noon**
- The Reminder **Thursday 10am**
- Warwick Beacon **Tuesday 10am**
- RI Newspaper Group **Thursday 10am**

Classified Advertising:

- Cranston Herald, Johnston SunRise, Warwick Beacon **Monday 10am**
- The Reminder **Friday 4pm**

SUN RISE SCOOPS

Sun Rise Staff Reports

REMEMBERING VETERANS

OSDRI November Fundraising Events

Happy November! Check out some fundraising events we have going on for OSDRI this month!

The Veterans’ Masquerade Ball will be held at 5 p.m. on Saturday, Nov. 5 at Skyline Providence. Register online (to buy tickets and for more info visit www.veteransmasqueradeball.com).

Giving Tuesday will be held virtually on Tuesday, Nov. 29. To become a peer-to-peer fundraiser visit: osdri.charityproud.org.

Park View Veterans Day 5K Run/Walk & Kids Run

The ninth annual 2022 Park View Veterans Day 5K Run/Walk and 1 Mile Kids Run, an annual event designed to bring honor and recognition to Veterans Day, will be held at Roger Williams Park on Friday, Nov. 11. Proceeds from the event will benefit programs for the school throughout the year and as a means of giving back to a worthwhile cause, Operation Stand Down RI.

The One Mile Kids Run will take place in the Park on a specially designed course. This race will begin at 8:30 a.m. The race is open to all elementary and middle school students. Cost for this race is \$10 (T-shirts to the first 50 entries for this race).

Start and finish of the 5k race at the Park Avenue entrance to Roger Williams Park across from Park View Middle School. The 5k starts at 9:30 a.m. T-shirts to the first 500 entries

for the 5k race. Post-race food and beverages will be served. Awards are given to the top male and female finisher. Awards to the top men and women in each division: 8th grade and under, high school division, 19-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+.

Packet Pick up will be at the Park View Middle School Gym, Thursday, Nov. 10, from 3-5 p.m. Race day registration and pickup begins at 7 a.m.

Sponsorship opportunities are available. Register online.

OSDRI Holiday Food Drive

Operation Stand Down RI is putting out a call to action to the local community in the days leading up to Veterans Day. On Friday, Oct. 21, OSDRI began seeking support from the local community to help stock the OSDRI food pantry shelves in time for the Holiday Season.

Individuals and organizations looking to contribute are invited to drop off Gift Cards and food items between 8:30 a.m. and 4:30 p.m., Monday through Friday.

OSDRI is seeking the following food items: canned vegetables, cranberry sauce, gravy, stuffing mix, boxed dessert, and gift cards to local supermarkets.

OSDRI headquarters is located at 1010 Hartford Ave., Johnston.

Veterans’ Day Mass

Mass for Veterans’ Day will be celebrated on Friday, Nov. 11 at 12:05 p.m. at Saint Paul Church, One Saint Paul Place, Cranston. The Mass, celebrated by Fr. Thomas Woodhouse, will feature enhanced musical selections played by Music Director Jason Hervieux. Everyone, especially all veterans, are invited and encouraged to attend.

Please consider inviting a veteran you know to come to Mass along with you. Come let us give glory to God and thanks to those who served our great country.

Veterans Voices

Trinity Rep announces its second annual Veterans Voices performance showcase, presented as part of the theater’s Green Light Ghost Light Project. Veterans Voices features performances, music, and readings from local veterans about their time during and after military service. This special event will be held on Thursday, Nov. 10, at 6 p.m., just in time for Veterans Day, in Trinity Rep’s Chace Theater at 201 Washington St. in Providence.

Veterans Voices is free to attend and open to the public with a post-show reception to follow. To register, call Trinity Rep’s Ticket Office at 401-351-4242 or visit trinityrep.com/veterans later in the week.

By combining Trinity Rep’s longstanding theatrical traditions with the emotions and experiences of local veterans, Veterans Voices aims to educate the community on veterans’ issues — and give veterans a platform to share their stories. Returning performers include West Point graduate and musician Big Lux and the band Guitars for Vets. Trinity Rep will also work with Providence Clemente Veterans’ Initiative (PCVI) to coordinate Veteran Voices for the second year in a row. Many of this year’s Veterans Voices participants are current or graduated students from PCVI humanities courses.

“Military service isn’t very common in the United States today,” PCVI Director Dr. Mark Santow said. “Too often, when

we do turn toward our veterans, we do so with words and gestures that can feel trite or inadequate. They become symbols, not complex individual human beings, with stories and ideas and emotions that they need to share, and that we need to hear. We need to hear what they have to say not just to share their pride in their accomplishments, but to share at least some of the burden of their pain and loss, too – they carry these things, because we’ve asked them to. They don’t put them down when they come home, as their loved ones can tell you. We shouldn’t either.”

Veteran Voices is an extension of Trinity Rep’s ongoing engagement with Rhode Island’s veteran community, The Green Light Ghost Light Project. Created to share veterans’ stories, the Green Light Ghost Light Project is a combination of the Greenlight a Vet initiative, in which communities light a green light to show support for veterans, and the Ghost Light Project, in which theaters leave a light on to signal that the theater is a safe space for all.

“This event sees the vision of the Green Light Ghost Light Project that I began here at Trinity Rep come to fruition, where veterans can make the stage their own: for their stories, by them, and I am so honored to have them here to share this moment.” Director of Community Engagement Dr. Michelle Cruz said.

Letters From Home

From January through May 2023, Erinn Dearth and Dan Beckmann will be traveling the entire country performing one show in each of the United States as the singing and dancing sensation called “Letters

From Home.”

McVinney Auditorium is going to be the host for the official Rhode Island stop of the tour, which will take place at 7 p.m., on Tuesday, Feb. 21, 2023.

“Letters From Home” was founded in 2010, featuring music from the soundtracks of WWII, Vietnam, and beyond. This vaudevillian-style singing & tap dancing duo has honored our veterans, active military heroes and their families, by uniting the nation through music.

All 50 venues across the United States have been secured for the tour and tickets are now available. To view the tour route or to purchase tickets in the state nearest you, visit www.LettersFromHomeSingers.com.

Veterans Day Parade

The City of Cranston will once again hold its Veterans Day Parade at 11:30 a.m. on Nov. 11. The parade will kick off in front of Legion Bowl on Park Avenue, continue past City Hall up to Heyward Street and past Rolfe Street. A ceremony at the cannon memorial will immediately flood the parade. Any group/organization that wants to march can contact Paul McAuley at pmcauley@crans-tonri.org.

Hearing from a Veteran

Join Cranston Public Library at Central on Nov. 9 from 6:30 p.m. to 7:30 p.m. as Don Mellor, a 101-year-old Cranston native and World War II Navy veteran, talks about his experiences aboard the U.S.S. Hopewell (DD - 681) in the South Pacific during the height of the war. Don will share stories, answer questions, and show several posters of images from his Navy days.

■ SCOOPS - PAGE 13

LEGAL NOTICES

JOHNSTON ZONING BOARD MEETING AGENDA

Thursday, November 17th, 2022 at 6:30 PM
Johnston Senior Center
1291 Hartford Avenue

Notice is hereby given that the Zoning Board of Review will hold a meeting on November 17th, 2022 at 6:30 pm, at Johnston Senior Center, 1291 Hartford Avenue. All persons interested in the following proposals are requested to be present at this time. The assembly facilities are accessible to the handicapped. Persons requiring special accommodations shall call the Zoning Office at least 48 hours in advance of the meeting (401) 231-4000 ext. 4117. Persons utilizing TDD equipment may contact the Town through “Relay Rhode Island” at 1-800-745-6675. The agenda for the evening will be as follows, subject to change:

New Business

Petition of Cranston Enameling, Inc., Owner/Applicant for 1309 Plainfield Street, AP 3 Lot 225, zoned B-2. The petitioner is seeking a special use permit for automobile sales within the upper level of an existing building.

Petition of Anthony Caprio, Owner/Applicant for 93 George Waterman Road, AP 35 Lot 70, zoned R-15. The petitioner is seeking to convert an existing commercial building to a two family structure, each one bedroom and to have two residential structures on the same lot.

Petition of Reservoir Adventures, LLC, Owner and Michael Campagone, Applicant, for 1808 Atwood Avenue AP 53 Lot 239, Zoned R-20. The petitioner is seeking a use variance to subsection 9 Number 13 Storage of the Use Table to store his personal vehicles in a garage and is seeking dimensional variances to triple the size of the existing garage.

Petition of 15 Industrial Lane, LLC, Owner, and Joe Parrillo, Applicant, for 15 Industrial Lane AP

53 Lot 208, Zoned I Industrial. The petitioner is seeking dimensional variances to build a new storage garage and expand an existing storage garage.

NOTE: If a Case has not been called for a hearing by 10:30 p.m., the Board, at its discretion, may continue the Case to a subsequent or a special meeting. The Agenda and Minutes are available for review at ClerkBase on the Town’s web page or Monday through Friday between 8:00 a.m. and 3:00 p.m. at the Building Office, 100 Irons Avenue, Johnston.

Per order of the Zoning Board of Review
Thomas Lopardo, Chairman

10/27, 11/3, 11/10, 11/17/22

**Office of the Town Clerk
Town of Johnston
1385 Hartford Avenue
Johnston, Rhode Island 02919
(401) 351-6618**

Notice is given pursuant to Rhode Island General Laws of 1956, as amended, §3-5-8 that the Johnston Town Council, sitting as the Liquor Licensing Commission under Chapter 5 of the RIGL, shall hold a public hearing at the Municipal Court Building, 1600 Atwood Avenue, Johnston, RI on Monday November 14, 2022 at 7:00 p.m.
The purpose of the Public Hearing is to consider the following applications for liquor license renewals:

Class A Liquor Store 2022-2023 Licenses

1. **G & S Liquors, Inc.**
d/b/a Johnston Fine Wine Beer & Spirits
2951 Hartford Avenue
2. **Knight's Wine & Spirits, Inc.**
d/b/a Knights Liquor Warehouse
1450 Hartford Avenue
3. **Market Beer Wine Spirits, LLC**
d/b/a Market Fine Wine & Spirits
11 Commerce Way
4. **Tri Town Liquor, Inc.**
d/b/a Tri Town Wine & Spirits
39 Putnam Pike

Class B Limited 2022-2023 Licenses

1. **Baja's Tex Mex Express, LLC**
d/b/a Baja's Grill Express
1412 Atwood Avenue

Class BYOB 2022-2023 Licenses

1. **Cafe Vino**
235 Greenville Avenue

Class BV- Full 2022-2023 Licenses

1. **101 Bar & Grill, Inc.**
d/b/a Bar 101, Ste 103,104,105
1478 Atwood Avenue
2. **A Center Stage Co, LLC**
d/b/a The78 Pub at This Guy's Pizza
80 Greenville Avenue
3. **AGZ Enterprises, Inc**
d/b/a Escada Restaurant and Bar
39 Putnam Avenue #3&4
4. **An-Jon, Inc.**
d/b/a Johna's
659 Killingly Street
5. **Bishop Hill Tavern**
2868 Hartford Avenue
6. **Brewed Awakenings, Inc**
1395 Atwood Avenue
7. **Cherry Hill Grille**
223 B Greenville Avenue
8. **Chipotle Mexican Grill of Colorado, LLC**
d/b/a Chipotle Mexican Grill
1386 Atwood Avenue
9. **Coliseum Sports Bar & Grille, Inc.**
d/b/a J.J. Coliseum
23 Greenville Avenue
10. **Copperfield's, Inc**
d/b/a Copperfield's Bar & Grill
678 Killingly Street
11. **CW Building, LLC**
d/b/a Run-Em-Racks, Bar & Grill & Billiards
928 Plainfield Street
12. **Duffs, LLC**
d/b/a Dr. Duffs Lost and Found Project
198 Putnam Pike
13. **El Paisano Panaderia & Restaurante, LLC**
d/b/a El Paisano Panaderia & Restaurante
928 Plainfield Street
14. **Emmily's, LLC**
d/b/a Emmily's Family Style Restaurant
103 Putnam Avenue
15. **F. Saia Restaurants, LLC.**
d/b/a Pat's Italian Restaurant
1200 Hartford Avenue
16. **Family Dining Restaurant, Inc.**

- d/b/a Uncle Tony's Pizza & Pasta
46 Putnam Pike
17. **Fried Enterprise's, Inc.**
d/b/a Mr. Biggs Saloon
1463A Atwood Avenue
18. **Fu Ming Chinese Restaurant, Inc.**
9 Greenville Avenue
19. **Hei Palace, Inc.**
d/b/a Hei Place
1 Commerce Way, Unit E
20. **HNR, LLC.**
d/b/a Sura Restaurant
300 George Waterman Road
21. **J. Palmieri Pizzeria & Ice Cream, Inc**
d/b/a J. Palmieri Pizzeria
1999 Plainfield Pike
22. **JJ Group, Inc**
d/b/a Bon Asian Bistro
1386 Atwood Avenue
23. **DNS, Inc.**
d/b/a Red Ginger Restaurant
560 Killingly Street
24. **Luigi's Gourmet Express, Inc.**
d/b/a Luigi's Gourmet Express
1359 Hartford Avenue
25. **Parsadanyan Enterprises, LLC**
d/b/a Pizza Palace
1587 Plainfield Pike
26. **Pizzeria Romana Corp**
d/b/a Pizzeria Romana
1571 Atwood Avenue
27. **Real'i's Fine Italian Cuisine Restaurant**
79 Putnam Avenue
28. **Roman Enterprise, Inc.**
d/b/a Atwood Grill
1413 Atwood Avenue
29. **Rosa Mia Ristorante, Inc.**
d/b/a Silvio's Restaurant & Bar
133 Greenville Avenue
30. **Choummaly, LLC**
d/b/a Bangkok Republik
1369 Hartford Avenue
31. **Strings Bar & Grill, LLC**
d/b/a Strings Bar & Grill
183 George Waterman Road
32. **TCP Enterprises, LLC**
d/b/a The Ave Bar & Grill
1428 Hartford Avenue
33. **Toro Restaurant, LLC**
d/b/a Cancun Family Mexican Restaurant
175 Putnam Pike
34. **Torre Corp III**
d/b/a Trattoria Romana
1571 Atwood Avenue
35. **Town Hall Lanes, Inc.**
d/b/a Town Hall Lanes
1463 Atwood Avenue
36. **The Chicken Coop Kitchen & Bar, LLC**

d/b/a The Chicken Coop Kitchen & Bar
1463 Atwood Avenue, Units E & F

Class C- Club 2022-2023 Licenses

1. **ArtJim, LLC**
d/b/a Dad's Place
1465 Atwood Avenue

Class D- Club 2022-2023 Licenses

1. **Maria SS Della Difesa Society**
15 Lafayette Street

Class BV Full Extension- Patio 2022-2023 Licenses


1. **An-Jon, Inc**
d/b/a Johna's
659 Killingly Street
2. **Bishop Hill Tavern**
2868 Hartford Avenue
3. **Coliseum Sports Bar & Grille, Inc.**
d/b/a J.J. Coliseum
23 Greenville Avenue
4. **Duffs, LLC**
d/b/a Dr. Duffs Lost and Found Project
198 Putnam Pike
5. **Roman Enterprise, Inc**

- d/b/a Atwood Grill
1413 Atwood Avenue
6. **Family Dining Restaurant, Inc.**
d/b/a Uncle Tony's Pizza & Pasta
46 Putnam Avenue
7. **The Chicken Coop Kitchen & Bar, LLC**
d/b/a The Chicken Coop Kitchen & Bar
1463 Atwood Avenue, Units E & F
8. **101 Bar & Grill, Inc.**
d/b/a Bar 101, Ste 103,104,105
1478 Atwood Avenue
9. **Strings Bar & Grill, LLC**
d/b/a Strings Bar & Grill
183 George Waterman Road
10. **Copperfield's, Inc**
d/b/a Copperfield's Bar & Grill
678 Killingly Street

Individuals requesting Interpreter service for the hearing impaired must notify the Office of the Town Clerk seventy-two (72) hours in advance of the meeting date at 351-6618.

Per Order
Robert V. Russo, President
Johnston Town Council

10/27, 11/3/22



Obituaries

In your time of need, the *Johnston Sun Rise* will print your loved one’s full obituary for a small charge. The paper also places the obituary on our website, johnstonsunrise.net.

Should you desire our services, kindly inform your funeral director, or call **(401) 732-3100** or email **AshleyM@rhodybeat.com** for additional information. Obituary prices start at \$60. You may include the obituary in any of our other newspapers for half price.

– Thank you

■ Scoops

(Continued from page 12)

Don is also the subject of a recently published book, "Committed: Lessons from a 101-Year-Old Tin Can Sailor: the Story of Don Mellor," written by his children. A limited number of copies will be available to give away while supplies last. Register online.

HOLIDAY CHURCH BAZAARS
Phillips Memorial Baptist Church Bazaar

Come together for Phillips Memorial Baptist Church Holiday Bazaar (565 Pontiac Ave Crans-ton)! November 19th, 9am-1pm. From 9am-10:30am enjoy a cup of coffee and goodie at the Coffee Nook, then start your shopping! Basement bargains and treasures, baked goods, needle works, oldtiques, crafts, jewelry and more!

St. Robert Bellarmine Holiday Bazaar

A fundraising Holiday Bazaar featuring food, a straw game, raffles, a silent auction, and many vendor tables will be held at St. Robert Bellarmine Church Hall, at 1804 Atwood Ave., Johnston, on Saturday, Nov. 12, from 9 a.m. to 4:30 p.m., and from 6 to 7:30 p.m. Proceeds benefit St. Robert's Food Shelf, which provides food to all neighbors in need, regardless of religious affiliation. Join us for fun and fellowship while helping our neighbors. For general information, contact Sandy at 946-3262 or Terry at 331-7075.

St. Joseph Candy Cane Bazaar

St. Joseph Church will host a Candy Cane Bazaar on Saturday and Sunday, Nov. 5-6. The Bazaar will feature a giant raffle, penny social, baked goods, jams & jellies, gifts in a jar, jewelry, gift baskets, books, puzzles, locally made honey, a "This & That Room," American Girl Doll clothes, towels, aprons, soaps and oils. The kitchen will be open each day. The bazar will be held from 9 a.m. to 6:30 p.m., Saturday, Nov. 5, and from 8:30 a.m. to 12:30 p.m., Sunday, Nov. 6, at the church. St. Joseph Church is located at 144 Danielson Pike, North Scituate.

St. Mary's Craft and Vendor Show

St. Mary's Feast Society Ladies' Auxiliary will host its annual Holiday Craft and Vendor Show from 9 a.m. to 4 p.m. on Nov. 12. There will be vendors, crafters, handmade items, baked goods, raf-fles, food and more.

Asbury United Methodist

Christmas Village Bazaar

Asbury United Methodist Church is back with their beloved Christmas Village Bazaar from 9 a.m. to 3 p.m., on Saturday, Nov. 5. The event is free admission, masks suggested. Grab some delicious soups & chili from the crock pot bar, grab some of their famous Swedish bread, shop for beautiful jewelry, check out the gift baskets, and so many more treasures. Follow them on Facebook: @As-buryUMCWarwick , or go to www.AsburyUMCRI.org.

Our Lady of Czenstochowa Holiday Bazaar

Our Lady of Czenstochowa Parish, 222 MacAr-thur Boulevard, Coventry, will hold their Annual Holiday Bazaar from 9 a.m. to 3 p.m., on Nov. 6. Breakfast will be served from 9-10:30 a.m., Polish & American food will be served from 11 a.m. to 2:30 p.m. (or as long as it lasts). Enjoy raffles, chil-dren's booth, crafts, theme baskets, Bake Shop, "Cookie Bingo" & more! Frozen Polish food is available from 9 a.m. until it's gone. Admission is free. Call 821-7991 or visit olcsvp.org for more in-formation.

OLG Holidaze Harvest Bazaar & Craft Fair

The Holidaze Harvest Bazaar & Craft Fair will be held from 9 a.m. to 3 p.m. on Sunday, Oct. 30, at Our Lady of Grace Church, 15 George Waterman Road in Johnston.

Events will include the "Penny Social, Food, Raffles, Sweet Treats, Crafts & More," according to organizers, who are also "calling all Vendors/ Crafters." For additional information call Patricia Leoncavallo at 401-529-7592.

St. Francis Xavier Holiday Bazaar

On Nov. 5 and Nov. 6, St. Francis Xavier Church will hold a holiday bazaar. There will be a Christ-mas booth, attic treasures, silent auction, hand knit items, baked goods, kids corner, raffle baskets and more. The event will take place at 81 No. Carpenter St., East Providence. The bazaar runs from 9 a.m. to 6 p.m. on Nov. 5 and from 8 a.m. to 1:30 p.m. on Nov. 6.

OS Artisans Holiday Craft Show Food Drive

Jingle all the way to the Ocean State Artisans Holiday Craft Show Food drive on Nov. 25 to 27. Down at the Cowesett Corners Shopping Center, 300 Quaker Lane, Warwick. Bring along a canned good or nonperishable item and receive \$1 off the admission fee. Follow the snowman and find the perfect Holiday gifts.

MISCELLANEOUS

Johnston Historical Society Events

Unless otherwise noted, all events take place at the Johnston Historical Society Museum Barn, 101 Putnam Pike, Johnston, and are free and open to the public. Events are subject to change.

November General Meeting: At 7 p.m., Nov. 30, local collector and Smith-Appleby House Museum Curator Sandra Achille will give a presentation on Esmond Mill blankets.

BY APPOINTMENT: Please note Both the John-ston Historical Society museum and the Elijah Angell House are open by appointment. The John-ston Historical Society always welcome visits by interested individuals or groups. Just shoot them an email at johnstonhistorical1825@gmail.com, or leave a message at 401-231-3380 to set one up. To see photos of past events, visit the Johnston His-torical Society Facebook page at www.facebook.com/johnstonhistorical.

■ SCOOPS - PAGE 14

Obituary

John M. Rocha

John M. Rocha, 60, hus-band of Cheryle (Verrill). Passed on Friday, October 21, 2022 at his home, sur-rounded by loved ones. Born in Foxpoint, East Providence. Born to the late Manual and Dorothy (Souza) Rocha. John lives on in his son, John A. Ro-cha, his daughter, Kristie Rocha, his grandchildren Jaden, Gianna & Chris-tian Rocha, Rylee and Faith Medeiros, Aribelle Orenberg. John's was the brother of Russell Vinac-co, MaryEllen Sullivan, Rosemary Hanley, Donna Furtado, Joanne Cagle, Michael, Joseph, James, Robert, George, Charles Rocha and the late Levert Vinacco, and several niece's and nephews. On Monday Nov. 7th Family and friends are invited to mass at Our Lady of Rosary church, 21 Tra-verse St, Prov, 5pm. Donations thru Gofundme/Johnro-cha are appreciated.



VETERANS' DAY SPECIAL

November 7th thru November 10th
Office Hours 9:00-5:00
Closed Friday November 11, 2022

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The Little Rhody Division of the NMRA

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10:00AM - 3:00PM
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For more info, call
732-3100

■ Scoops

(Continued from page 13)

JHS Class of '82 Reunion

The Johnston High School Class of 1982 will hold its 40th Reunion on Oct. 28 at the Alpine Country Club. For more information, email johnstonclass82@gmail.com.

More at Mohr Library

Yoga Classes for Toddlers with Ms. Pauline: On Second Wednesdays at 10:30 a.m., from September through December (remaining dates: Nov. 9, Dec. 14), children will be guided into gentle movement exercises using the power of their imagination. Transforming into cats, cows, dogs, dolphins will be a highlight of their story hour. They will also learn breathing techniques that calm and center them. It will be a time of joy, wonder and movement. Ms. Pauline is a certified yoga teacher practicing since she was 17 years old. A former school teacher, she began programs to bring yoga to children and teachers in schools throughout Rhode Island. This program is sponsored by The Tri-County Community Action Agency, Health Equity Zone. Register at mohrlibrary.org/forchildren.php or by calling the Library at 401-231-4980 and pressing 5.

Storytime: On Wednesdays at 10:30 a.m., through Dec. 7 (except for second Wednesdays when the library will have Yoga for Toddlers) stop by for stories, songs, rhymes, puppets and coloring for children ages 2 and up and their grown-ups. The remaining dates: Nov. 2, 16, 23 & 30; Dec. 7. Register at mohrlibrary.org/forchildren.php or by calling the Library at 401-231-4980 and pressing 5.


Art Smart with Ms. Melyssa: Explore different art techniques and learn about the works of famous artists, at 4 p.m. Wednesdays, through Nov. 2 (for children ages 8 to 12). Register at mohrlibrary.org/forchildren.php or by calling the Library at 401-231-4980 and pressing 5.

Mohr Library offers special activities for middle-school and high-

school age kids most afternoons. For more information contact Young Adult Librarian Marissa Galonski at 401-231-4980 or email marissa@mohrlibrary.org.

Marian J. Mohr Memorial Library is now open Saturdays from 9 a.m. to 5 p.m., Friday 9 a.m. to 6 p.m., and Monday through Thursday from 9a.m. to 8 p.m. The library is located at 1 Memorial Avenue in Johnston. Visit their website: mohrlibrary.org.

A SHORT FICTION COMPETITION FOR RHODE ISLAND STUDENTS



STUDENTS GRADES 7-12
Stories must be written by students in grades 7-12. Stories should be 2500 words or less and incorporate Rhode Island as a theme in some way.

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School One!

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Author Presentation at Brown University

Nonfiction@Brown lecture series presents: "Maggie Nelson, On Freedom." Maggie Nelson, NY Times best-selling author, reads from her latest book on Nov. 2 at 6 p.m. at the Brown University Granoff Center (154 Angell St). This event is free and open to the public! Please register for a ticket at tinyurl.com/Nonfiction-Brown-MaggieNelson or visit go.brown.edu/nonfiction_now for information on the livestream.

Cranston Library Used Book Sale

The Cranston Public Library's used book sale returns Nov. 5 from 10 a.m. to 4 p.m. at the William Hall Library. Thousands of fiction and non-fiction books, in hardback and paperback, will be available to purchase as well as CDs, DVDs, children's books, and cookbooks, in excellent condition. All CDs, DVDs, and adult books are \$1 and kids & teen books are 50 cents each. Cash is preferred but credit cards will also be accepted. 100 percent of the proceeds from the book sale help support library resources and programs.

Neighborhood Watch

The 2022 season of Johnston's Neighborhood Watch has officially kicked off. This Neighborhood Watch brings together residents who want to make their neighborhood safer by working together with members of the police department. The program pairs residents with Johnston Police officers in an effort to open up communication, meet other neighbors and create partnerships that help build community resiliency.

Winter Market

Warwick Center for the Arts will hold "The Winter Market" from Nov. 26 to Dec. 17, Wednesday through Saturday, from 11 a.m. to 3 p.m., at 3259 Post Road, Warwick. This year's Winter Market features handmade items from over 20 local artists and represents the varied creativity that makes Rhode Island so special. In addition to handmade jewelry, toys, cards, ornaments, pottery and accessories, the Market will also sell affordable framed paintings, prints and other wall hangings in addition to WCFA gift certificates if you prefer to give the 'arts experience' as a holiday gift this year. The event is free to browse, but items are for sale. WCFA will be open one evening for our Winter Market on Dec. 1 from 5:30 p.m. to 7:30 p.m. For further information, visit warwickcfa.org or call 401-737-0010.

community resiliency.

Consider donating blood

The Rhode Island Blood Center is in need of blood donations. Individuals wishing to donate must book an appointment at the donation center; walk-ins are only accepted if safe distancing allows at the person's time of arrival.

Nearby areas to donate include The Shops at Greenwood, which is located at 615 Greenwich Ave., in Warwick. Sign up by visiting www.ribc.org

Caregivers

Are you caring for someone with dementia who exhibits difficult to manage behaviors? You may be eligible to participate in a research study seeking advice and feedback from caregivers about what types of supports are needed. Enrolled participants will be compensated for their time. The study will take place (video call) through Rhode Island Hospital's Neuropsychology Program. If interested, contact the study coordinator Dr. Kim Chapman at 401-829-4310.

OLLI Classes for Adults 50+

The Osher Lifelong Learning Institute (OLLI) at the University of Rhode Island continues its registration for the fall semester. OLLI at URI provides classes for adults aged 50 and better. Students can enjoy a variety of classes, in person and via ZOOM, simply for the joy of learning – no tests, no grades. Learn more about OLLI by visiting uri.edu/olli or call the office at 874-4197.

A few selections for the upcoming semester include Conversational Italian, Digital Photography, Broadway Musicals, and a special course, "Who Really Killed Michael Jordan's Father?" OLLI classes meet at 210 Flagg Road with ample parking right outside the door.

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JHS HOMECOMING 2022



GRAND GUESTS: Among the dignitaries who helped make the JHS 2022 Homecoming extra special were from left: State Rep. Deb Fellela, School Committee VP Joe Rotella, Town Councilwomen Linda Folcarelli and Lauren Garzone, Mayor Joseph Polisena, U.S. Sen. Jack Reed, Councilman Joseph Polisena Jr., Sen. Frank Ciccone, U.S. Sen. Sheldon Whitehouse and Gov. Dan McKee. For more from Homecoming, turn to Pages 16 & 17. (Sun Rise photo by Pete Fontaine)



JOHNSTON SENIOR HIGH SCHOOL
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HEAR FROM STUDENTS & TEACHERS
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TUESDAY, NOVEMBER 15th 6:00 - 7:30 PM JSHS GYMNASIUM

JSHS PATHWAYS:

- ★ Chemical Technology
- ★ Law, Public Safety, & Government Academy (CTE approved for out of district students)
- ★ Finance Academy (CTE approved for out of district students)
- ★ Digital Media & Design Academy
- ★ Engineering Technology Academy
- ★ The Vocal/Instrumental/Performance Music Education Academy
- ★ The Music Technology Academy
- ★ Medical Careers Academy
- ★ Two-Dimensional Art Academy
- ★ Three-Dimensional Art Academy

COLLEGE CREDIT COURSES:

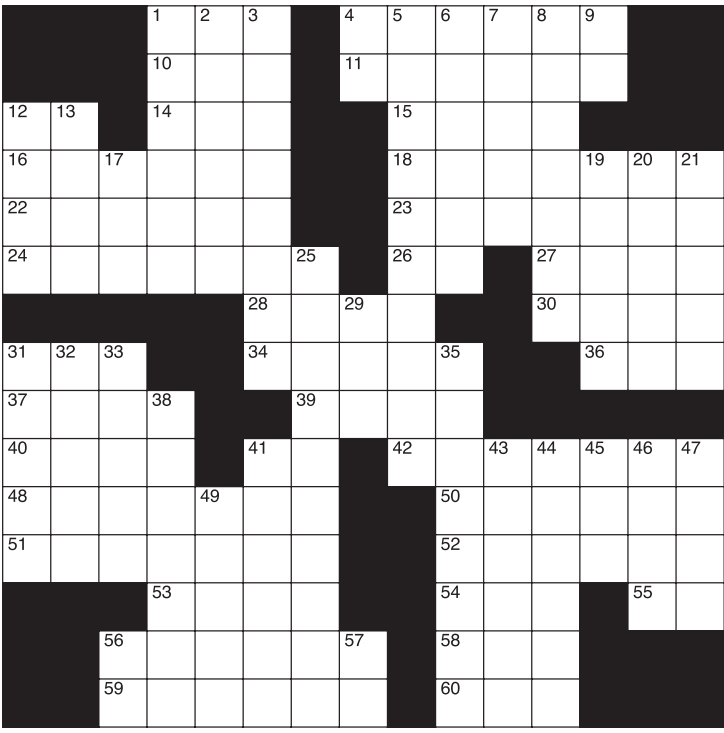
Students have the opportunity to earn college credit from the following post-secondary institutions:

- ★ University of Rhode Island
- ★ Rhode Island College
- ★ Community College of Rhode Island
- ★ Johnson & Wales University
- ★ Roger Williams University

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CLUES ACROSS

1. The central bank of the US
4. Direct one's ambitions
10. Only
11. "Nothing ventured, nothing ____"
12. Lead
14. Returned material authorization (abbr.)
15. Indicates the pitch of notes
16. Set up to blame
18. States of rest
22. Complete
23. Be around longer than
24. Instructs
26. Childless (abbr.)
27. Coffee machines do it
28. Bowfin
30. A group separate from established Church
31. Soviet Socialist Republic
34. Mends with a needle
36. When you hope to get there
37. Popular 80's pop duo
39. Beloved Mexican dish
40. Extremely small amount

41. Special therapy
42. Cause to move slowly
48. A person's natural height
50. Elicited
51. Legislator
52. Baking ingredient
53. Sandwich store
54. Peyton's little brother
55. Southeast
56. Popular Mexican beer
58. Baglike structure in a plant or animal
59. Car body manufacturer
60. Midway between south and southeast

CLUES DOWN

1. Colorless volatile acid
2. A way to tangle
3. Jam rock band devotee
4. The nation's highest lawyer (abbr.)
5. Inviolable
6. Collision
7. Clumsy

8. Bends again
9. "Pollock" actor Harris
12. Flew off!
13. Soft creamy white cheese
17. Comedienne Gasteyer
19. Exclamation used for emphasis
20. Expel from one's property
21. Philly transit body
25. Small amount of something
29. Retirement account
31. Holey type of cheese
32. Young pig
33. Climbing palm
35. Discomfort
38. Bullfighter
41. High-level computer language
43. Fleshy extensions above the throat
44. Request
45. Equal to 10 meters (abbr.)
46. Bruce and Spike are two
47. Precipice
49. Wombs
56. A radio band
57. Emphasizes an amount

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JHS HOMECOMING 2022



POPULAR PANTHERS: Jacob Muller and Taylor Powell were crowned King and Queen of Johnston High's 2022 Homecoming. *(Photo submitted by Gina Schino)*

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you
saw
it
in
the
Johnston
Sun
Rise

JHS HOMECOMING 2022



LOYAL LIONS: Members of the Johnston Lions Club and friends who prepared, served and sponsored the annual Alumni Breakfast were: Wendy Buono, Joe Sabetta, Big Al Savage, Paul Buono, Carol Civetti, Robert Civetti, King Lions Joe Swift, Tina Ferro and David Civetti. (*Sun Rise photo by Pete Fontaine*)

‘Panther Pride at an all-time level’

By **PETE FONTAINE**

Perhaps Bob Deming, a popular Johnston High School custodian who maintains Mayor Joseph M. Polisena Stadium, said is best about last Saturday’s Homecoming. “Everyone’s having a great time!” Deming exclaimed as he chatted with Johnston School Superintendent Dr. Bernard DiLullo Jr. and co-worker Antony Fellela. “Just look at all the smiling and happy faces; this has to be Panther Pride at an all-time level.”

To which DiLullo, who walked the entire parade route added: “I’ve never seen so many people; there were spectators everywhere.”

The turnout is credited to the tireless works of JHS Science Department Chair Greg Russo who serves as advisor for the Homecoming Coordinating Student Council and SADD (Students Against Dangerous Decisions).

Russo, in fact, was among the many JHS alums who enjoyed many memorable moments and milestones during what people assessed was “one of the biggest and best

Homecomings in recent memory.”

For example, it was Russo’s 46th anniversary of his 1976 graduation from JHS.

Likewise, it was also a marvelous milestone for Mayor Joseph Polisena, Class of 1972, who hosted a large delegation of Rhode Island’s top federal and state elected officials who accepted his invitation to witness Panther Pride and enjoyed marching the entire parade route.

U.S. Senators Jack Reed and Sheldon Whitehouse, Gov. Dan McKee who has been a parade participant in previous years, RI Attorney General Peter Neronha, state Sen. Frank Ciccone, Town Council members Linda Folcarelli, Lauren Garzone, Joseph Polisena Jr. and School Committee Vice Chairman Joe Rotella were among the marchers.

So was Town Council President Robert J. Russo, who made a special pre-parade visit to the football Panthers and wished them well.

Even Johnston’s youth football cheerleaders marched in the parade after a special greeting from School Committee member

Dawn Alosio.

Meanwhile, Councilman Robert J. Civetti joined is fellow Lions Club members preparing the annual Alumni Breakfast that attracted a record crowd of over 300 alums, students and parents.

Last year’s Homecoming Queen Gloriana Crichlow — who is a student at Harvard University was the Class of 2022 Valedictorian — came home and rode along the parade route in a classic convertible.

Thus, Jacob Muller and Taylor Powell added their names to the JHS record book as they were announced as 2022 Homecoming King and Queen during halftime of the Panthers football game with the visiting Narragansett High’s Mariners.

Also, the JHS cheerleaders continued their prolific performances during the game and parade which was highlighted by an extraordinary show of talent from students in all four classes who raised money and constructed what people called “some of the most beautiful

floats ever” and also used unique designs and slogans for their colorful and handmade creations.

“Johnston should be proud of what transpired here this morning,” was a common chant from parade-goers. “This was a great of a community coming together in many ways from the Police Guard to Fire Apparatus and a host of old-time cars.”

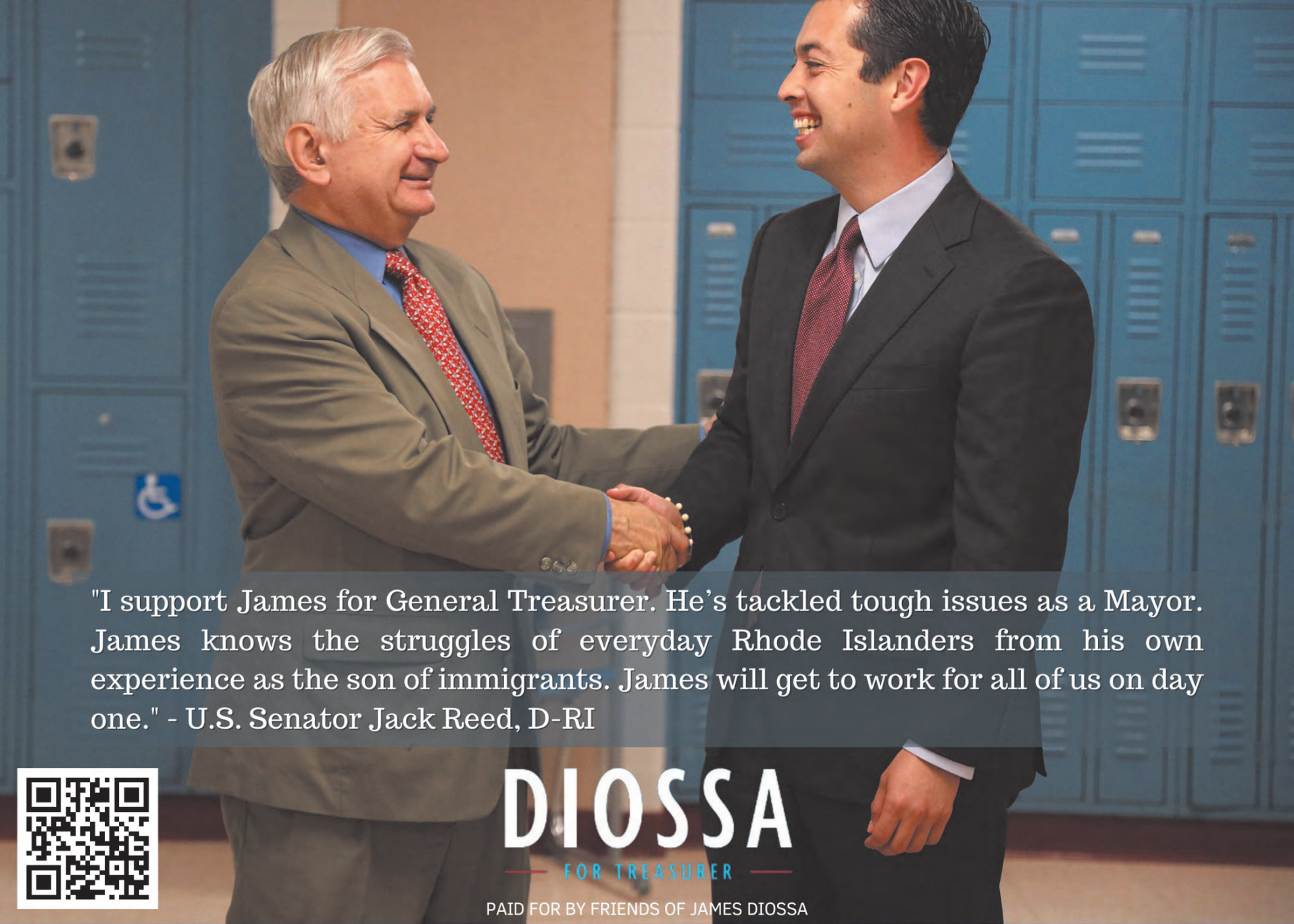
One in particular that stood out was four local businesses stepping forward to tow each of the floats.

The float towers and float themes were the following: Seniors, Anthony’s Auto Body, “Blow ‘em out of da’ water”; Juniors, Local 57, “Catch ‘em off guard”; Sophomores, Ram-bone Brothers, “Stomp & Chop ‘em”; and Freshman, Anthony’s Auto Body, “Wipe out the Mariners.”

Although Head Coach Joe Acciaro’s football Panthers came up short, the Blue and White maintained their spirited play and as someone suggested showed “great sports-manship despite the loss.”

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Monday, Nov. 28th, 2022 @ 1:30PM

Chelo's Providence

505 Silver Spring Street
Providence, RI 02904

Thursday, Nov. 10th, 2022 @ 3:30PM

Universal Healthcare

Universal Wealth Management

945 Reservoir Ave
Cranston, RI 02910

Tuesday, Nov. 1st, 2022 @ 4PM

Wed., Nov. 2nd @ 10:30AM & 2PM & 5:30PM

Universal Healthcare

Universal Wealth Management

945 Reservoir Ave
Cranston, RI 02910

Saturday, Nov. 5th, 2022 @ 10AM

Monday, Nov. 7th, 2022 @ 10AM

Wed., Nov. 9th, 2022 @ 10:30AM & 1PM & 6PM

Thursday, Nov. 10th, 2022 @ 9AM

Monday, Nov. 14th, 2022 @ 10AM

Wednesday, Nov. 16th, 2022 @ 4PM

Monday, Nov. 21st, 2022 @ 10AM

Monday, Nov. 28th, 2022 @ 10AM

Tuesday, Nov. 29th, 2022 @ 4PM

Wed., Nov. 30th, 2022

@ 10:30AM & 2PM & 5:30PM

Monday, Dec. 5th, 2022 @ 10AM & 3PM

Wed., Dec. 7th, 2022 @ 10:30AM & 2PM & 5:30PM

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■ Scoops

(Continued from page 14)

RIMA Exhibit & Show

The Rhode Island Manufacturers Association (RIMA) is hosting its Exhibit and Show: Connect, Grow, Develop at the Crowne Plaza Warwick on Nov. 16. This event will allow attendees to gain access to industry trends along with federal and state legislative updates. This event will also enable attendees to connect and network with manufacturers throughout the state of Rhode Island.

The event will begin at 11 a.m. with the Exhibit and Lunch Networking Session. RIMA is offering free tickets to anyone who would like to walk through the exhibition hall and attend the workshops. The exposition will feature organizations with their products and services in Rhode Island and will be open for the remainder of the event. The exposition creates a unique opportunity for manufacturing suppliers to connect with buyers as well as potential clients. Use of the supplemental event app provided through WhoVa will present attendees and manufacturers the ability to message and network directly with exhibitors as they navigate the floor. The Lunch Networking Session will also allow attendees to interact with company representatives.

There will be nine different workshops happening starting at 3 p.m. For a complete list of topics and speakers, please refer to the list below.

“Improving the Resiliency of Your Supply Chain” by Chris Cinieri and Ted Kennedy from Polaris MEP

“Legalized Marijuana: The Impact in the

Workplace by Mark Freel from Locke Lord

“Getting more out of your retirement plan: How New Comparability Profit Sharing Plans maximize Owners Contributions” by Paul Cooney and Robert McElroy from Mutual of America

“R&D Tax Credits for the Manufacturing Industry” by Noel Hopkins and Mark Hall from Clifton Larson Allen

“The Benefits of Collaborative Robots” by Christian Gervin from Axis New England

“Review of the Rhode Island Commerce Corporation Business Incentives” by William Cox from Commerce Corporation

“Recession? Not for Manufacturers!” by Jay Jacobs from Paperless Parts

“Is your website ‘Supply Chain Ready’? Is your manufacturing company ‘Marketing Ready?’” by Mark Manuel from Industrial Marketing

“State Workforce Initiatives for Local Manufacturers” by Matt Weldon, Director of Department of Labor and Training and Alyssa Alvarado, Director for the RI Governor’s Workforce Board

“3D Printing in the manufacturing world” by Justin Coutu, Charles Havens, and Jordan Novak from R&D Technologies, Inc.

The day will conclude with an Evening Reception and Networking Session from 6-8 p.m.

Register for the event or review the schedule, go to rimanufacturers.com/event/rima-exhibit-and-show-connect-grow-develop/.

RIMA is a 501(c)(6) organization formed in 1997 to serve as the unified voice of Rhode Island’s manufacturers. As an advocate for strengthening and growing Rhode Island’s manufacturing

sector, RIMA engages with government leaders, academic institutions and likeminded organizations to improve the business climate, connect manufacturers with available resources, and facilitate opportunities to create new jobs and business opportunities in the Ocean State. For more information on RIMA, visit www.rimanufacturers.com.

Warwick Rotary 5k Turkey Trot

Come together at the Warwick City Park Ball Fields on Thanksgiving Day to benefit the Kent Hospital Employee Emergency Fund. Race registration begins at 7:15 a.m. and the trot begins at 8 a.m. There will also be a costume contest! Prizes will be awarded to the best costume, most original, and best dressed family/group. Please bring one non-perishable food item per person plus \$20 for adults, \$15 for students (ages 6-18), kids 5 and under no charge with a paid adult, \$50 for family (2 adults & 2 students), \$20 for virtual runners. All participants will receive a commemorative t-shirt (will only be guaranteed for registrations received and paid by Oct. 31) Visit: Warwick-RotaryRI.com to register. Entries are non-refundable.

Young Musicians Scholarship

The Music on the Hill scholarship directly supports the study of classical music performance. Awards will be disbursed directly to the winner’s designated instructor, ensemble program, summer opportunity, school, conservatory or college music fee. The first prize includes \$400 and a performance opportunity in Music on the Hill’s 2023 festival. The second prize is \$200. Applicants must be Rhode Island residents between ages 13 and 18. This scholarship includes all instruments and voice. Chamber groups may apply together and share the prize. The application includes a four to eight minute recorded video audition. There is no application fee. The application deadline is Nov. 15. Full details can be found at musiconthehill-RI.org.

On the Tracks to a Train Show

Rhode Island Model Train Expo sponsored by the Little Rhody Division of the National Model Railroad Association will be held Sunday, Nov. 6 from 10 a.m. to 3 p.m. at the Guy L. Lefebvre Community Center, 1277 Main St., Coventry. The show features operating layouts in N, HO, O, and G scales. There will be select vendor tables. Tickets are \$6 for adults and children under 12 and Scouts in uniform are free. There is a \$20 maximum per family.

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Scoops

(Continued from page 18)

Join Phillips’ Chime Choir
 Phillips Memorial Baptists Church (565 Pontiac Ave.) is looking for children ages six to 10 who are interested in participating in a Chime Choir led by Minister of Music Martha Sobaje. The rehearsals won’t be too long and will occur at 11:15 a.m. after church on Sundays. This is an exciting and fun opportunity to learn music and a great way to meet others. If you are interested, contact Martha Sobaje at msobaje@gmail.com.

Walk and Talk at Rocky Point
 Come join the “Rocky Point Pacers” for a walk around Rocky Point every Tuesday and Thursday morning at 9 a.m., weather permitting. They meet at the gate on Rocky Point Avenue.

RI Landfill hosts Recycling Right Event
 During a “special holiday event” sponsored by the state’s landfill, Rhode Island Resource Recovery Inc., you will not only learn how to Recycle Right here in RI, but you will have all of your holiday recycling questions answered!
 You recycle, right? But do you recycle right? Join them at 6:30 p.m., Dec. 15, for a virtual presentation to learn the basics of RI’s mixed recycling program to be a great recycler!

If you’ve ever wondered what the recycling symbol means on different products, how to properly dispose of used pizza boxes, or what actually happens to your recycling when it leaves the curb, you’ll have these questions and more answered during Recycling Right in Rhode Island... and Going Beyond the Bin! Register online for this free presentation (all links are available on the Johnston Sun Rise website, www.johnstonsunrise.net).

Makers Market
 A large-scale community shopping experience will again bring nearly 100 independent makers under one roof in Providence for a two-day celebration of creatives and tradespeople.
 The Good Trade Makers Market will return to Providence, on Nov. 19-20. This annual event gathers nearly 100 independent makers and small manufacturers of home decor, art, apothecary products, apparel, accessories, and more from all over the country for a weekend-long community shopping experience at WaterFire Arts Center (475 Valley St., Providence).
 “What’s unique about The Good Trade is that we’re not only showcasing the amazing artisans, makers, and manufacturers who are based here in Rhode Island, but we are also welcoming businesses from 11 other states and introducing them to our little city during the weekend,” said event organizer BJ Mansuetti. “Rhode Islanders have long been committed to shopping small, and we believe that creating an inclusive space for creatives to come together before the holidays and sell their handcrafted goods provides an important boost to the local economy.”
 Last year’s event brought in 5,000 shoppers from across New England and generated an estimated \$300,000 in revenue for participating small businesses over the course of the weekend.
 “The community response to the event

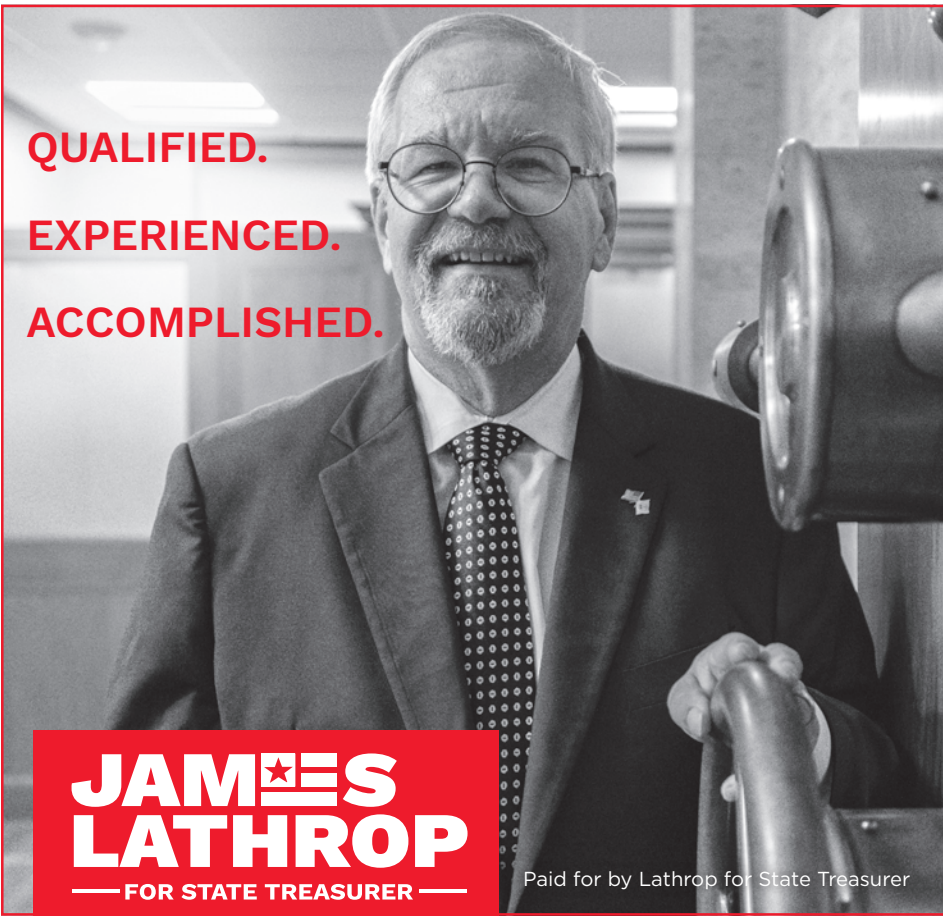
has been overwhelmingly positive, both from the vendor and shopper perspective,” added Mansuetti. “In 2021, vendors shared moving personal stories with our team about the life-changing support they received from shoppers, which was especially meaningful after an extremely difficult couple of years for small businesses.”
 “With a return to live in person events in 2021, The Good Trade Market was such a great success for the art and maker community in New England, driving a much-needed revenue boost for so many small businesses around the holiday season,” said Peter A. Mello, managing director and co-CEO of WaterFire Providence. “We can’t wait to welcome them back to the WaterFire Arts Center again this year. It’s an event that we’re always excited about and look forward to hosting for many years to come.”
 The Good Trade will also be bringing back the popular “Plinko for a Cause” this year. A large, interactive fundraising game where shoppers can donate \$5 to play to win prizes provided by The Good Trade and their vendors. This year, 100% of the funds donated will benefit The Steel Yard’s Workforce Training Program, a job-readiness initiative that teaches industry safety standards and a wide range of metalworking skills to prepare community members for a career in metalworking.

Advance tickets for The Good Trade are available now for \$7 in advance (advance sales end at midnight on November 18th) and \$10 at the door at goodtrademakersmarket.com. Ticket price include a beverage from our sponsors, including a small beer from Proclamation Ale or Trinity Brewhouse, a small cocktail from The Industrious Spirit Company, a small hot coffee from New Harvest Coffee Roasters, an iced tea from Granny Squibb’s Iced Tea, or a small ice cream from Gather Farm. Other sponsors include Trinity Beer Garden, Gather Glass, Yelp, and Swamp Yankee Art.
 Visit @goodtrademakersmarket on Instagram for daily giveaways from now through November 18th.

The Good Trade Makers Market will be open from noon to 6 p.m., at WaterFire Arts Center, 475 Valley St., Providence. More info and tickets: goodtrademakersmarket.com/tickets.

Reading and Discussion
 Dr. Mehnaz Afridi, Director of the Holocaust, Genocide & Interfaith Education Center and Professor of Religious Studies at Manhattan College, will join Cranston’s Central Library on Nov. 6 from 1:30 p.m. to 3:30 p.m. to discuss her book “Shoah Through Muslim Eyes.” Dr. Afridi is believed to be the only Muslim teacher of the Holocaust in the United States and, perhaps, the world. This event is presented in collaboration with the Sandra Bornstein Holocaust Education Center Baxt Lecture Series, an annual event that brings Holocaust education to the greater Rhode Island community. This event is free and open to the public. Register online.

Editor’s Note: Send submissions to rorys@rhodybeat.com. Photos in jpg format are accepted and news can include community events, promotions, academic news and nonprofit events. Email today and see your news in our column in the Johnston Sun Rise. Please include a daytime telephone number in case we require any further information.



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Sports

Panthers drop finale



JHS football wraps up season, celebrates Homecoming

The Johnston football team fell to Narragansett 38-8 in its regular season finale last Saturday, finishing with a 1-8 record this fall. Johnston was led this season by quarterback Neari Vasquez, as well as leading rusher Steven Finegan. Dylan Martins and Jahaziel Rodriguez also enjoyed big campaigns for the Panthers, who will look to climb back into contention in Division III next season. For more photos of the season finale game and Homecoming celebration, check out page 22. Pictured above is Dylan Martins. *(Photos by Mike Zawistoski)*



WHO'S WHO? Tracy Uriati, a member of GCC, is joined by the "Mystery Masked Man" prior to a recent golf go-round. The latter will also make an appearance in the Nov. 11 Veterans Day Tournament. *(Sun Rise photos by Pete Fontaine)*

Veterans Day Golf Tourney to be played at GCC

By PETE FONTAINE

Glocester Country Club, which was established in 1929, has hosted many memorable golf tournaments during its storied history.

What will transpire on Veterans Day – Nov. 11 at the picturesque nine-hole layout that overlooks beautiful Waterman lake - will be one of most important benefits ever at GCC.

It's entitled the Veterans Day Golf Tournament and is open to all veterans and active-duty personnel with

Senior sendoff

The Johnston boys soccer team honored its senior class last week at Polise-na Stadium during its regular season finale. The Panthers recognized seniors Mark Brouwer, Samuel Cambranes, Caleb Guimaraes, Mouhamadou Marone, Jacob Muller, Michael Picerno, Dylan Robbins, Anthony Sevigny and Marlon Soto along with their families who attended. Pictured at right are the seniors. For more photos of the evening, check out page 22. *(Sun Rise photos by Alex Sponsor)*





FAMILY EVENT: Pictured are the Johnston High School boys soccer seniors along with their families last week during the team's senior night festivities.



CENTER: Johnston's Alex Fedorchuk snaps the ball.



GIVE IT A BOOT: Johnston's Michael Carlino gets set to punt the ball.

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SUPER SPECIAL SPIRIT: The Johnston High School cheerleaders stopped for this photo prior to completing their march and cheering along the way in Saturday's Homecoming parade. (Sun Rise photo by Pete Fontaine)



AWESOME ALUM: Robert V. Russo (front right), long-serving Johnston Town Council president and 1983 grad joins Panther football players prior to Saturday's Homecoming Parade. (Sun Rise photo by Pete Fontaine)

Green bond ‘Question No. 3’ is blue too

By CAPT. DAVE MONTI

Question No. 3 on the statewide Rhode Island ballot this year is what is commonly called a “Green Bond.” I assume it was originally named after bond issues that acquired funding for states to purchase open ‘green’ space for the public good. However, much of the \$50-million dollars requested in Question No. 3 is for “blue” initiatives relating to our estuaries, bays, and ocean. Question No. 3 will get my yes vote.

“Green” and “blue” components of Question No. 3 include \$16 million to make our cities and towns more resilient to climate impacts such as sea level rise; \$3 million for forests and habitat restoration to help them continue to serve as a filter for ground water supply and help purify our air; \$5 million for small business energy loans; \$3 million for Narragansett Bay and watershed restoration; \$12 million for a new Roger Williams Park Education Center; \$4 million for brownfields; \$5-million to purchase open space; and \$2 million of local recreational facilities.

These “green” and “blue” initiatives are at the very heart of our way of life, a big part as to why we live in Rhode Island, the Ocean State. They are funds to keep our water blue, our forest green, and our economy in the black acting like a magnet for fishing and tourism generating billions in economic impact for Rhode Island each year.

\$50 million is a lot of money, however, to put things in perspective we have a Question No. 2 on the ballot for \$250 million in bonds for construction of the state’s public schools. And, Question No. 1 which is \$100 million in bonds for the University of Rhode Island Narragansett Bay Campus’ marine discipline education and research needs. Both of these bond issues deserve consideration too as they relate research, education, training and jobs in our blue/green economy.

No flies on me now

I use to feel a bit awkward. A fishing writer and charter captain who did not know how to fly fish. So last week I gave it a try under the direction of expert fly instructor and fly fishing guide Ed Lombardo.

In spite of having a lot of fly fishing lures on me, including the time I hooked my sun glass strap (even my chin), I have to say I will now be purchasing my first fly rod and basic gear.

I thank Ed Lombardo, his volunteer instructors and the RI Department of Environmental Management (DEM) for introducing me to fly fishing.

Lombardo has been working with DEM for 31 years instructing fresh and saltwater fly classes. Ed works with Kimberly Sullivan, Principle Biologist and Aquatic Resource Education Coordinator for DEM, delivering multiple fly fishing programs each year. They conduct both salt and fresh water classes, programs for children, veterans, beginners and those more experienced with fly fishing and tying.

We had three hours of land based instruction on gear and tackle, a learning how to cast session and then two hours in the Narrow River at Sprague Bridge, Narragansett with instructors by our sides. We were targeting hickory shad (about 15 to 20 inches) and striped bass.

And, yes we did catch fish, granted of-

ten times with the assistance from our instructors getting the line out there. But as a charter captain I know how important it is for anglers to feel and see how they can be successful. So Saturday with Ed’s help I caught my first fish on a fly. A hickory shad that was about 20 inches. It was very gratifying.

For information on Rhode Island fishing education programs visit the Aquatic Resource Education Program at www.dem.ri.gov.

Where’s the bite?

Striped bass. “Slot size (28 to < 35 inches) and smaller school striped bass are in Bays and out in front along the coastal shores,” said Jeff Sullivan of Lucky Bait & Tackle, Warren.

Dave Henault of Ocean State Tackle, Providence, said, “The striped bass bite along the southern coastal beaches and breachways has been very good. Anglers are having success with metal lip lures and SP Minnows.”

East End Eddie Doherty, expert Canal angler and author said, “Peanut bunker continue to provide forage for hungry striped bass and bluefish from one end of the Canal to the other. Roslindale’s Bill Walsh and friend Joe “The Reel” McCoy of North Providence were successful with top water white Cotton Cordell lures. Bill landed 11 slots and “The Reel” McCoy caught four fish on his first four casts.”

Black sea bass and scup. The scup bite is still good anywhere with water movement and structure. “Customers are catching some keeper black sea bass when tautog fishing as far north as the Providence River and the scup bite remains strong in the East Passage,” said Henault.

Tautog. “Tautog fishing has been producing many limit catches of fish up to seven to eight pounds. Some areas are starting to get picked over so keep moving around. Shore anglers continue to do well too with a few customers catching eight pound fish from the West Wall of the Harbor of Refuge last week. There are still a few good sized sea bass being caught by those targeting tog or fishing for them specifically on deeper pieces of structure,” said Declan O’Donnell of Breachway Bait & Tackle.

Jeff Sullivan of Lucky Bait & Tackle, said, “Tautog fishing exploded last week. We landed five double digit fish. The Aquidneck Island Striper Team (fishing club) tautog tournament winning fish weighed in at 11.7 ponds.”

“This weekend we caught a 6.25 and a 7.25 pound tautog at Beavertail/Hull Cove area,” said Henault.

Freshwater. Sullivan of Lucky Bait said, “Last week the largemouth bass stacked up on the banks feeding for the cold months ahead, swim baits and spinner baits are working well.”

“Not many customers have been targeting trout this fall, but the largemouth bite seems to be very good.” said Henault of Ocean State Tackle.

Dave Monti holds a captain’s master license and charter fishing license. He serves on a variety of boards and commissions and has a consulting business focusing on clean oceans, habitat preservation, conservation, renewable energy, and fisheries related issues and clients. Forward fishing news and photos to dmontifish@verison.net or visit www.nof-lukefishing.com.



TAUTOG BITE: Paula Smalec of Portsmouth with the ten pound tautog she caught and released Sunday. (Submitted photos)



FIRST FLY FISH: Capt. Monti with his first fish caught on a fly.

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Movies



WARWICK SHOWCASE

TILL

(Fifties True Story of Racial Crime)

We were in high school and college in the fifties when racial prejudice ran rampant in the United States, especially in the south.

“Till,” the true story of the young boy from Chicago who is violently murdered while on vacation with his cousins in Mississippi, is examined on the big screen with scenes that are difficult to watch at times but need to be seen to show us how far we have come, and remind us how far we still need to go.

While it is the story of Emmett Till, it is ultimately a story of his brave and determined mother, Mamie Till-Mobley, played with gripping emotion my Danielle Deadwyler.

Emmett’s body was mutilated so badly it was unrecognizable. Mamie insisted that it be “shown to America” so everyone could see what happened to this poor, innocent Black boy.

And it was.

It was a difficult decision, as we are sure it was with the filmmakers who chose to, as discreetly as possible, include the heart-wrenching scene in the movie.

The movie begins with a happy, but cautious Black Chicago family living their lives carefully and cautiously (“knowing their place” in a white dominated society.)

Mamie explains how life in Mississippi will be different, and how her son must act differently.

Emmett makes the big mistake of whistling at a white grocery clerk, showing her his new wallet, with a photo of a white girl (I remember having one when I was young).

He is kidnapped, beaten, lynched and left in a stream.

The NAACP comes to Mamie’s assistance, along with Medgar Evers and the trial begins before an all-white male jury.

The judge is indifferent. The girl lies. The verdict is a given.

For those of us who have forgotten, or were not born yet, we learn what happened to the murderers and others involved.

It is a tough lesson.

The movie is rated PG-13 because of the disturbing



Jalyn Hall as Emmett Till and Danielle Deadwyler as Mamie Till Mobley in TILL, directed by Chinonye Chukwu, released by Orion Pictures (Photo by Lynsey Weatherspoon / Orion Pictures)

scenes and racism expressed openly, but everyone aged 13 and over should see it and act upon it.

TAR

*** 1/2

(The world of Lydia Tar, composer/conductor)

It takes two hours and 28 minutes to tell us a bit of the life and character of one of the world’s greatest composer/conductors, Lydia Tar.

Brilliantly portrayed by Cate Blanchett, Tar is a self-indulgent, unlovable person.

She is also a genius in her world of classical music. She hears every sound, which often is a distraction for her.

Tar is the first woman to conduct a major German orchestra. Her time is in great demand, as she rushes of interviews to guest conducting, lectures and teaching master classes.

The movie opens with her being interviewed by the New York Times classical music writer; giving us a good perspective of her views on conducting,

composing, and classical music in general.

We then see her devastate a student in front of his classmates to the point where he gathers his music and dashes out of the class calling her some very bad names.

Then we see her at home with her wife whom she dominates, and daughter whom she adores.

No question, Lydia Tar is a very complex character.

We follow her through rehearsals, meetings, selections of musicians’ interviews, and watching her manipulate people.

She treats her assistant horribly until she strikes back.

Tar suddenly discovers that she has gone too far and finds herself on the outs of a profession she could have taken to new heights.

The movie is quite artsy at times, including many discussions on the music and short pieces from major composers during rehearsals. While some may find it a bit long and wandering, classical music lovers won’t want to miss a single note.

Who was buried in Red Dave's grave?

Near the waste gate of Arctic Mill, a group of young boys were swimming in the pond on the afternoon of July 28, 1892. Sighting what appeared to be a log floating along on the water, one of the boys went towards it only to realize that it was a decomposed body.

Horried, the boys clamored out of the water and ran for the police. After law enforcement officers removed the corpse from the water, the coroner arrived at the scene. He noticed several bruises and lacerations on the body and a deep, jagged wound on the back of the head. His report stated that he believed the male body to have been in the water for five or six weeks.

The body was clad in a white and red-striped cotton shirt, a blue and white-striped jumper, blue overhauls and a black coat. In one of the pockets was a flask filled with water. The man appeared to be about 45 years old, partially balding with hints of

red hair. He was removed to the undertaking rooms of James Gough & Son where several people came to view the mysterious find in hopes they could identify him.

A 39-year-old River Point man named David Mercure, known locally as “Red Dave”, had been reported as missing from home since the previous month. Although the discovered body was in no condition to provide easy identification, those who knew David announced that the flask was one which had indeed been his property. They believed that David had either come to his death by falling drunkenly into the water, or falling victim to foul play. On July 30, the body was laid in a potter’s field grave and a final goodbye was said to Red Dave.

If foul play was involved, there would have been good reason for someone to feel vindicated in killing David Mercure. Nine-year-old Laurie Etta Vogue, of Oakland Beach, had

Back in the Day



by
KELLY SULLIVAN

been violently assaulted by him on June 1. He disappeared shortly after that and managed to successfully evade the police. But then Red Dave suddenly appeared. On the afternoon of Aug. 11, a police officer recognized him in Providence and served him with a warrant, charging him with rape. Mercure was put on the 10 p.m. train to Apponaug.

Now, the mystery of the Arctic Mill pond corpse became a topic of conversation in Warwick once again. It was finally

decided by most locals that the man had to be 44-year-old Harley Hawkins of River Point who had been missing from home for quite some time as well as from the saloons he frequented. But others weren’t so sure. Several people swore that they had seen Harley only a few days earlier and one man claimed he had helped move him out of the Arctic crossing just a few hours before the boys found the greatly decomposed body floating in the water.

Harley’s stepmother, however, was convinced the body was his as the height was the same, as well as the clothing. Like David Mercure, Harley was slim and partly balding with traces of red hair. Having been employed by the Pike & Son Lumberyard in River Point for many years, he was known for being a hard worker when he wasn’t intoxicated.

The single aspect of the body which became the best factor for determining identity was

the sores upon the legs of the deceased. Mrs. Murray, the woman who kept the boarding house near Clyde Depot, came forward to report that Harley had rented a room from her for almost 11 years. She said that he liked to imbibe in alcohol and would go on sprees which would keep him away from home for weeks. According to Mrs. Murray, every time Harley went on a bender, he would buy himself new shoes and stockings and that her other boarders had told her that he had terrible ulcers on his legs. The unidentified body, clad in new shoes and stockings, had evident sores upon the legs.

Content that the mystery was at last solved, residents allowed Harley Hawkins to lay at peace in his grave within the potter’s field – at least we are led to assume it’s him.

Kelly Sullivan is a Rhode Island columnist, lecturer and author.

COLLECTIBLES



An Important WWI Souvenir

Here's a Real Souvenir

The piece of flag shown here is a part of the white flag of truce, attached to the automobile which carried the German delegate Count von Winterfeldt across the allied lines on November 8. It is now the property of First Lt. William E. Bown, of Groupe Robinson.

Lt. Bown obtained it at La Capelle, the first town in the allied lines at which the German peace delegates stopped. Lt. Bown is seen in the picture below standing in front of the German automobile with the chauffeurs who drove the delegates through the lines. The picture was taken on November 11, when Lt. Bown was in La Capelle with a convoy.



LT. WILLIAM BOWN STANDING BEFORE GERMAN DELEGATES CARS.

A Piece of the Original German Armistice Flag

This interesting souvenir was presented to Mr. F.E. Lee by Lieutenant W.E. Brown, A.E.F., who was at the point in the lines through which the German ambassadors came to attend the armistice negotiations. Its peculiar value lies in the fact that it is a piece of the original flag which heralded for the first time in the history of the German nation a plea for mercy, and presaged the ending of the greatest war the world has ever known. Lieutenant Brown's letter follows:



By Joel Bohy
Historic Arms & Militaria
Bruneau & Co. Auctioneers
Cranston, RI

the first town in the allied lines at which the German peace delegates stopped. Lt. Brown is seen in the picture below standing in front of the German automobile with the chauffeurs who drove the delegates through the lines. The picture was taken on November 11, when Lt. Brown was in La Capelle with a convoy. "A picture in the center of the frame has the whole flag with markings and the date "11.11.18" Armistice Day and the end of World War I.

Another printed note reads "A Piece of the Original German Armistice Flag - This interesting souvenir was presented to Mr. F.E. Lee by Lieutenant W. E. Brown, A.E.F., who was at the point in the lines through which the German ambassadors came to attend the armistice negotiations. Its peculiar value lies in the fact that it is a piece of the original flag which heralded for the first time in the history of the German nation a plea for mercy and presaged the ending of the greatest war the world has ever known." It must have been quite the moment for Brown to have been a part of. He also wrote a letter to go along with the flag fragment which has some staining and loss, but his sentiment gets across even with the damage "Their cars which were four "Benz" and a "Mercedes" all wonderfully equipped cars, each one with a large white truce flag - Firing ceased at the point from 2 P.M until 12 o'clock mid-

night to assure their safe arrival and return if necessary I am enclosing you a piece of the "armistice flag" which I took from one of the cars as souvenir I consider this piece of white cloth signifies the first time the Germans have ever asked for mercy and the settling of the greatest war the world has ever known rest assured."

Knowing this fragment was taken on November 11, at 11:00, 1918, effectively ending "The Great War" is a moving reminder of the costs of war to not only those who died, but also to the living. Those who went home to rebuild their lives, start families, and try to put the war behind them. So, on November 11, take some time to remember those who have served our great country.

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RI Comic Con celebrates 10th anniversary

By ROB DUGUAY

It seems like yesterday that the first-ever Rhode Island Comic Con took over the Rhode Island Convention Center and the Dunkin’ Donuts Center, now known as the Amica Mutual Pavilion, during the weekend after Halloween back in 2012. There was an instant buzz about it with cosplayers, comic book artists, celebrity guests and various vendors being part of a fun and vibrant atmosphere. 10 years later, the Rhode Island Comic Con has grown in both buzz and success to being one of the premier events to happen in The Ocean State and also in the entire New England region. This anniversary edition of the convention will be happening from November 4 - 6 at the same two places and it promises to be bigger and better than ever before. It also promises to be a memorable experience for any pop culture fan while providing an interactive lens to a variety of different aspects within a unique institution.

There’s going to be over 130 celebrity guests this time around and along with the cosplayers and comic book artists, there will also be a few social media celebrities and tattoo artists hanging out. Just like in previous years, there’s going to be a cosplay contest with prizes provided by Cardi’s Furniture & Mattresses and there will be plenty of opportunities to take photos with the celebrities and artists at their respective booths.

"Our staff has worked very hard to put this show together in preparation for our 10th Anniversary," says Susan Soares, who is the Press Relations Manager for the Fall River, Massachusetts based organization Altered Reality Entertainment. "It is the biggest show we have ever produced and we are so excited for the fans to see everything and meet our amazing guests."

While it’s obviously difficult to whittle down all the guests, artists and cosplayers who will be at the Rhode Island Comic Con this year, there are a few who’ll be mentioned. Actress Alicia Silverstone from Clueless and Batman & Robin, actor Breckin Meyer who is also in Clueless along with Road Trip, Rat Race and Can’t Hardly Wait and actor Danny Trejo from Machete and Sons Of Anarchy will be there. Actor DJ Qualls from Breaking Bad, Scrubs, The New Guy

and The Man In The High Castle, actors Doug E. Doug and Leon from Cool Runnings, actor Stephen Amell from Arrow and Heels, actor Jackie Earle Hayley from Watchmen and Bad News Bears, actor Vincent D’Onofrio from Law & Order, Daredevil and Full Metal Jacket and actress Elizabeth Shue from The Karate Kid and Back To The Future will also be there. Pro wrestling fans are going to be in for a treat with WWE, WCW and AEW superstars including Lita, Billy Gunn, Bret Hart, The Dudley Boyz and Maxwell Jacob Friedman being available for meet & greets. This seems like a lot, but this isn’t even half of all the celebrities who’ll be showing up over the weekend.

For comic book artists, Amanda Dufresne, Bob Hall, Bart Sears, Craig Rousseau, David Finch, Derek Riggs and Jae Lee will be showcasing and selling their work. Ian Chase Nichols, Jason Keith, Jeremy Clark, Joe St. Pierre and Rick Leonardi will be doing the same as well. Tattoo artists including Mark Draven, Kerwin Chong, Eric Z, Tori Robinson, Joseph Arrelin, Cale Turpin and Blaine will be part of the Ink Fusion Tattoo Empire that’ll be set up at the Rhode Island Convention Center’s Exhibit Hall. There won’t be an abundance of social media personalities, but Stevie Oaks, who is hilarious impersonator of Family Guy’s Peter Griffin, Gary The BBQ Chef, Tik Tok content creator Jacoby Ray and Kels Ferguson & Patrick Keefe from “The Grey Gentleman” will be present. There’s going to be a ton of vendors having snacks and refreshments available for purchase too, so show up thinking of getting something to eat and drink.

When the folks behind the Rhode Island Comic Con talk about this edition being the biggest one they’ve ever produced, they’re definitely not exaggerating. I personally like to go for the creative part of the convention to check out the stellar art that’s being shown while being wowed by the inventive costumes of the cosplayers. With this being said, there’s going to be a lot more to do at the convention than what I just mentioned and it’ll be worth the price of admission. For all the info, details and everything else, log on to ricomicon.com. If this is your first time going, be prepared for an event unlike anything else you’ve ever attended.

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Family Meals that Make Busy Weeknights a Breeze

FAMILY FEATURES

After a long day in the classroom or at the office, it’s tough to top bringing the family together with a home-cooked meal. When evenings are busy with homework and activities, however, there might be little time left for complicated dishes.

Take those schedules on with a menu of delicious recipes that require 30 minutes or less so you can focus on celebrating the day’s accomplishments with loved ones. These simple yet flavorful ideas from Milk Means More call for limited instructions, less equipment and shorter ingredients lists fueled by dairy favorites that provide much-needed nutrients to recharge the entire family.

Pork Chops in Creamy Mustard-Peppercorn Sauce feature the sharp yet balanced taste of mustard and cracked black peppercorns as an easy way to dress up pork chops. When pasta night comes around, Pasta with Yogurt Sauce provides a quick, creamy Middle Eastern solution.

This Chicken with Creamy Sun-Dried Tomato Sauce recipe gets its robust flavor from sauce made with sun-dried tomatoes and enhanced with luscious half-and-half. For a tasty twist on Taco Tuesday, you can play “beat the clock” with Roasted Chicken and Zucchini Tostadas by crisping corn tortillas under the broiler then topping them with a tangy yogurt spread, cumin-seasoned chicken, veggies and shredded cheese.

Turn your hectic weeknights into cause for celebration with more quick and easy recipe ideas at MilkMeansMore.org.



Pork Chops in Creamy Mustard-Peppercorn Sauce



Pasta with Yogurt Sauce

Photo courtesy of Jenny Struik of “Jenny with the Good Eats”

Roasted Chicken and Zucchini Tostadas

Recipe courtesy of Marcia Stanley, MS, RDN, Culinary Dietitian, on behalf of Milk Means More
Total time: 25 minutes
Servings: 4

- 12 street taco-size corn tortillas
- nonstick cooking spray
- 1/2 cup plain Greek yogurt (2% or 5%)
- 3 teaspoons lime juice, divided
- 1/4 teaspoon garlic powder
- 1 1/2 cups shredded or chopped rotisserie-roasted chicken breast
- 1/2 cup seeded and chopped tomato
- 1/2 cup chopped zucchini
- 2 teaspoons olive oil
- 1/2 teaspoon ground cumin
- 1/8 teaspoon ground cayenne pepper

- 1 cup (4 ounces) shredded Monterey Jack cheese

Heat oven to broil.
Line large baking sheet or 18-by-13-by-1-inch baking pan with foil. Arrange tortillas in single layer on pan. Lightly spray tortillas with nonstick cooking spray. Broil about 5 inches from heat 4-6 minutes, or until beginning to brown on one side. Remove from broiler. Carefully turn tortillas over.
In medium bowl, stir yogurt, 1 teaspoon lime juice and garlic powder. Set aside.
In another bowl, toss chicken, tomato, zucchini, remaining lime juice, olive oil, cumin and cayenne pepper.
Spread yogurt mixture on unbrowned sides of tortillas. Top with chicken mixture. Sprinkle with cheese. Broil about 5 inches from heat 2-3 minutes, or until hot and cheese melts. Serve immediately.



Roasted Chicken and Zucchini Tostadas

Pasta with Yogurt Sauce

Recipe courtesy of Enas Malik, RDN, on behalf of Milk Means More
Prep time: 10 minutes
Cook time: 20 minutes
Servings: 4

- Salted water
- 8 ounces angel hair pasta
- 1 tablespoon vegetable oil, divided
- 1 small white onion, minced
- 8 ounces ground beef or lamb
- 1 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1 cup plain yogurt
- 1/4 teaspoon ground white pepper
- 1/4 teaspoon cumin
- 1/4 teaspoon garlic powder
- 3 cloves garlic, minced
- 1 tablespoon fresh mint or 1 teaspoon dried mint

In medium pan, bring salted water to boil. Add pasta and cook according to package directions. Strain pasta and reserve about 1/2 cup water.
In medium saute pan over medium heat, heat 1/2 tablespoon vegetable oil. Add minced onions. Cook until translucent and aromatic, 2-3 minutes. Add ground meat and season with salt and black pepper. Cook until meat is browned through, 8-10 minutes. Drain fat. Transfer cooked meat to bowl and set aside.
In small pan over medium heat, cook yogurt, white pepper, cumin and garlic powder until mixture comes to soft boil and thickens. Remove pan from heat. Add pasta water to reach desired consistency.
In same saute pan used to cook meat over medium heat, add remaining vegetable oil and saute garlic until golden in color. Add mint. Remove from heat and pour over yogurt mixture. Mix pasta, meat and yogurt sauce; serve.

Pork Chops in Creamy Mustard-Peppercorn Sauce

Recipe courtesy of Marcia Stanley, MS, RDN, Culinary Dietitian, on behalf of Milk Means More
Total time: 20 minutes
Servings: 4

- 3/4 cup evaporated 2% milk
- 3 tablespoons spicy brown mustard or Dijon mustard
- 3/4 teaspoon coarsely cracked black peppercorns
- 1/2 teaspoon all-purpose flour
- 4 boneless pork loin chops (1 1/4 pounds), cut 3/4-inch thick
- 1/4 teaspoon salt
- 1 tablespoon vegetable oil
- 1 teaspoon minced garlic
- 1/4 cup reduced-sodium chicken broth
- cooked noodles or rice (optional)
- chopped fresh parsley (optional)

In bowl, whisk milk, mustard, peppercorns and flour. Set aside.
Pat pork chops dry with paper towels. Sprinkle both sides of chops with salt.
In large nonstick skillet, heat oil over medium-high heat. Cook pork chops 3-4 minutes, or until browned. Turn and cook 3-4 minutes, or until thermometer inserted in thickest part of chops reads 145 F. Transfer chops to serving platter. Loosely cover with foil to keep warm.
Add garlic to drippings in skillet. Cook 15 seconds. Stir in broth. Cook, stirring constantly, until most liquid evaporates. Stir in milk mixture and any accumulated juices from cooked pork. Cook and stir until just boiling. Immediately remove from heat and spoon sauce over chops.
Serve with noodles or rice, if desired. Garnish with parsley, if desired.



Chicken with Creamy Sun-Dried Tomato Sauce

Chicken with Creamy Sun-Dried Tomato Sauce

Recipe courtesy of Marcia Stanley, MS, RDN, Culinary Dietitian, on behalf of Milk Means More
Total time: 20 minutes
Servings: 4

- 3/4 cup half-and-half
- 1/2 teaspoon all-purpose flour
- 1 1/4 pounds boneless, skinless chicken breast cutlets (about 3/4 inch thick)
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 1 tablespoon oil from sun-dried tomato jar
- 1/2 cup oil-packed, slivered sun-dried tomatoes, drained
- 1/3 cup finely chopped onion
- 1/3 cup reduced-sodium chicken broth
- 1 tablespoon grated Parmesan-Reggiano cheese

In bowl, whisk half-and-half and flour. Set aside.

Pat chicken pieces dry with paper towels. If necessary, cut into four serving-size pieces. Sprinkle both sides of chicken with salt and pepper.
In large nonstick skillet over medium heat, heat sun-dried tomato oil. Cook chicken pieces 3-4 minutes, or until browned. Turn chicken. Cook 3-4 minutes, or until thermometer inserted in thickest portion of chicken reads 165 F. Transfer to serving platter. Loosely cover with foil to keep warm.
Add sun-dried tomatoes and onions to drippings in skillet. Cook 1-2 minutes, or until onion is tender. Stir in broth. Cook, stirring constantly, until most liquid evaporates. Stir in cream mixture and any accumulated juices from cooked chicken. Cook and stir until simmering and slightly thickened. Remove from heat. Stir in Parmesan-Reggiano cheese.
To serve, spoon sauce over chicken.

spotlight on BUSINESS



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By JENNIFER COATES

When Jessie Jacavone and Ken Marandola, the founders of Security Solutions, pledge “we will get the task done right, on-time and on-budget,” you can be sure they are good for their word. These managing partners and longtime friends first incorporated Security Solutions with one overarching goal in mind ~ to provide their customers with the best service, the latest technology, the best expertise, and the most competitive prices in the security industry. This fast-growing company has delivered on that promise.

Security Solutions is a North Providence-based “surveillance, networking and access control” company that is in the business of protecting people, buildings, campuses, assets, and so much more.

A quick perusal of Security Solutions’ website illustrates the breadth of services the company offers to their residential and commercial clients. Every relationship begins with a consultation tailored to the client’s specific needs. In this meeting, the design is laid out, the budget is drafted, the timeline is determined, and the terms of the contract are agreed upon. Jacavone and Marandola are deeply involved in the entire process.

After these details are hammered out, the team goes to work. Security Solutions employs highly experienced and trained technicians who install their state-of-the-art equipment, whether it is the security gate of a private neighborhood or the complicated network of cables needed to retrofit an office building or the multiple cameras needed to provide the 24/7 surveillance to a shopping plaza.

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Today, Security Solutions services home and business owners from across the state and the country. They will secure your home with the same dependability and commitment they do with their large-scale clients including the Providence Convention Center, Care New England and the Amazon Fulfillment Center in Plymouth, MA.

One of their satisfied customers writes: “I was very impressed with everything about Security Solutions. I was looking for a quality alarm system where I could feel safe and secure. This company came through. Everyone was very professional and considerate at listening to what I was looking for and needed. They arrived on time and installed the system quickly. They went over everything with me until I could operate the system on my own. I highly recommend.”

Owners Jessie Jacavone and Ken Marandola have invested their time, experience, knowledge, and personal resources into building this constantly evolving company. With the high stakes involved in protecting your personal assets, these devoted professionals take their work very seriously. Their team will work hard for you.

Security Solutions is located at 1 Waterman Ave in North Providence. The team here can be reached at 401-424-5388. To learn more about this successful company, visit their informative website at www.kmss-us.com.



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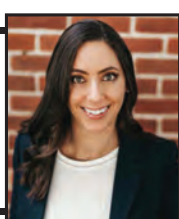
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Reverse the TOP 6 mistakes of chronic back pain



JESSICA L. PAPA
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MISTAKE #1

NOT ADDRESSING THE ALARM

When you have pain, it is because your 5 senses are communicating a message to your brain and your brain perceives this as threatening. In short, pain is an alarm system, no different than the one for your car. And just like your car alarm, you can't just let it go off for hours as it will not only effect you but it will start to effect others in your life. Pushing through activities and not addressing the alarm of pain will only make things worse.

Pro Tip: Pause and ask yourself if your alarm is going off because of something minor (e.g. you accidentally bumped your keys) and you can shake it off, or is this something you actually need to stop to address (e.g. a broken window)

MISTAKE #2

RELYING ON PASSSIVE TOOLS

While medications may help reduce your pain, that is all they'll ever do. Pain medications do not address the root cause of your problem and force you into a cycle of dependence and endless prescription refills, which ultimately hurt your wallet as well as your confidence.

ProTip: Become an active player in your recovery by empowering yourself with self management tools that you can use throughout your day. Often breaking aggravating activities into smaller more manageable parts is a great first step.

MISTAKE #3

ANTICIPATING PAIN

Just like thinking of a happy memory can fill you with feelings of joy, your brain also stores memories of negative experiences. The more frequently an activity leads to pain or a negative experience, the more sensitive your body becomes to it. What happens with chronic pain is that your body starts to anticipate this pain before you even attempt to do the activity that has previously produced pain. The thought alone can produce a pain response and as a result you begin to anticipate it well in advance spiraling the experience in a way that may feel out of your control.

Pro Tip: Reframe the narrative of your prior experience by pausing your negative thoughts and talking yourself through how you'd ideally want that activity to go. Get into details with it to make it more real to you (e.g. how did it feel, who were you with, what did you do after? Then keep repeating this to yourself when you need to... after all, thoughts become things.

MISTAKE #4

KEEPING THE SAME ROUTINE

So let's review, you have back pain and feel like it isn't going anywhere. Now let's think about your daily routine. If you are always doing the same things, and having the same pain experiences, then perhaps it is time to try something new. If you took a test and filled out the same answers each time, you wouldn't expect a different grade each time.

Pro tip: Diversify your activities – get out there and try something new. Worst case scenario you learn that the activity didn't help you. One the positive side, you've learned more about. What you can and will do to help yourself.

MISTAKE #5

ACCEPTANCE

Believing in the fallacy that you'll have to live with this back pain for the rest of your life or that you'll have to do xyz exercises for the rest of your life to prevent that pain. Your body is a biological system, it is constantly healing and reorganizing itself based on the demands you put on it. The only thing you should accept is your responsibility in your recovery.

MISTAKE #6

NOT GETTING HELP

Pro Tip: Pain is a normal part of life. You've had pain before in other parts of your body and eventually it went away. This too shall pass. Stop convincing yourself nothing can be done. Start focusing on positive elements of your life and what you want to achieve then come up with a plan to achieve it. It is a journey of small steps.

You don't have to go it alone, nor should you. There is no shame in needing help and ultimately it will get rid of your chronic back pain faster. Physical therapists are medical professionals trained specifically to help you with this very issue. Developing a relationship with a specialist PT can often get you feeling on the right track.

Pro Tip: Go see a specialist physical therapist that treats 1-on-1 and specializes in the management of chronic low back pain.

You've reached the end of our list of the top 6 mistakes people make with chronic back pain and our pro-tips on how to reverse them, that you can start RIGHT NOW. Remember, it's just the top 6 - so there are more and there's a good chance you have already made them or currently are. But if you follow the pro-tips you'll develop solid fundamentals toward reversing your back pain and improving your quality of life.

Men and women alike come to see the specialists at Arancia Physical Therapy for the treatment and abatement of chronic pain as well as for pelvic health care ~ all are welcome.

Arancia Physical Therapy, is located at 190 Midway Road in Cranston in Garden City. To learn more, Call 401-602-7006 and set up a complementary Discovery Session or visit their informative website www.aranciapt.com. Subscribe to Dr. Jess's Podcast: "Stay Healthy New England". Follow the clinic on Instagram @aranciapt.

Dr. Jessica L. Papa
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How do you know if you are at high risk of breast cancer? Should you be worried about it?

Many people think they have a higher risk of developing breast cancer, or are “High Risk” because they have breast cancer in their family. We know that as much as 1 in 8 women will be diagnosed with breast cancer sometime in their lifetime, and that someone’s personal risk may be higher if they have certain cancers in their family. But it’s often hard to tell how high that risk is, or when it’s significant enough that they need help to prevent it (or at least catch it as early as possible when it’s most curable.)

Breast cancer risk has changed a lot over the years as we learn more about it. Historically, we would tell every woman to start getting mammograms at 40 regardless of their risk,

but that’s not always the case now. Now we have all kinds of ways to estimate a person’s individual breast cancer risk, and can predict how that might change over time as they age. Most people don’t necessarily have a higher than average risk of breast cancer even if they do have it in their family, but it can certainly be anxiety provoking just to have it on your mind.

At the Breast Health Centers at Kent and Women & Infants, we now have specialized High Risk Programs designed to evaluate each person’s risk of developing breast cancer. It starts with a simple mammogram, which also gives you and your doctor a preliminary estimate of your breast cancer risk, and lets you know if you might want to consider high risk screening and/or genetic testing for breast cancer-associated genes, like BRCA1, BRCA2, PALB2 or

Staying Healthy



by
JAMIE PATTERSON, MD
DIRECTOR, BREAST HEALTH
CENTER AT KENT
BREAST SURGEON, KENT
HOSPITAL AND WOMEN &
INFANTS’ HOSPITAL
ASSISTANT PROFESSOR
OF OBSTETRICS &
GYNECOLOGY
CLINICIAN EDUCATOR,
BROWN UNIVERSITY

many others. If you and your doctor decide a more detailed evaluation is needed, we have a High Risk Clinic just for that! We narrow down the best most accurate estimate of your risk, explain what it means, and create a personalized plan to take advantage of the best ways to help prevent it.

What about young women in their 20s or early 30’s? It

can be difficult to know when you need to start taking an interest in your breast health, and it’s different for every person. Many professional medical societies recommend undergoing a breast cancer risk assessment (or evaluation) when a woman reaches 25 years of age. Although this sounds early and scary, all it actually means is that you sit down with your doctor and ask about your family history and other personal medical history, to see if there’s any reason to consider earlier options. Most women will not need to do anything until they’re 40-50 years old, but it all depends on what their risk factors are! By doing this early, you can form a plan of when you need to start mammograms or anything else that might be needed. Women who are found to be at very high risk, or our BRCA-gene carriers like Angelina Jolie,

may want to start a screening or prevention program at 25.

What about male breast cancer? Although it’s rare, breast cancer can affect men as well. Especially if it runs in their family or there are other cancers that tend to run with them, such as ovarian, pancreatic or some prostate cancers.

Breast cancer affects 12-13% of the population. So almost all of us are affected by someone we know, if we haven’t been personally affected ourselves. If you think you or someone you care about may need a closer look at their breast cancer risk, speak with your health care provider who can help you determine if you should be concerned. The good news is that there are many options available for prevention, early detection and for cures. We’re here to help.

Why posture is important

Sit Up! You owe it to your health. Bad positioning of your head results in many biomechanical conditions and limitations.. The autonomic functions of our brain and nervous system such as general mood and our visceral state, can be affected by misalignments of the neck, improper posture and poor sleeping habits. Dysfunction of the vertebral muscles and joints can occur subtly, over a long period of time and in an injury or causative episode. Symptoms can range from general neck discomfort and headache to vertigo/dizziness, loss of balance, inability to concentrate, pain, numbness and weakness into the extremity (shoulder/

arm). Best biomechanical function is achieved when the skull and spine are maintained in a neutral position when performing all activities, especially more relaxed activities and postures requiring long maintained positions, including phone use, sleep posture, driving posture or with lifting and carrying objects. Long periods of poor posture and improper repetitive movements result in bad biomechanics which trigger muscle and joint dysfunction. Proper posture with all activities is vital to preserving musculoskeletal function and health. Dr. L’Europa has mastered the techniques that preserve our spine health and would like to continue to

share with the public the importance of proper posture and biomechanics. Dr. L’Europa has been treating and educating Rhode Islanders for over 34 years. As a Doctor of Chiropractic and Physical Therapist as well as the owner and clinical director of Spinotech in Cranston, Dr. L’Europa is able to offer a unique and proven effective approach to addressing neuromusculoskeletal issues. With tens of thousands of patients seen, Spinotech best equipped to address conditions of the neck and back. We also offer a comprehensive physical therapy rehabilitation department. Including chiropractic adjustments, spinal

traction and decompression, massage therapy, Aquatic Therapy/Swimex, dry needling, myofascial release and much more. Spinotech is dedicated to patient satisfaction. Meet the welcoming staff and leave with peace of mind and body. Dr. L’Europa says, “when using your cell phone: Look straight ahead with your head pulled back so that your ears are directly over your shoulders, then tuck your chin so that the upper teeth are parallel (level) to the floor. Raise the phone screen up to the level of your chin. Your eyes will fall comfortably 15 degrees off the horizontal plane looking at your screen. Do not drop your chin into the chest.”

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